

Licensed to MSHSL - 5AA Championship Meet

HY-TEK's Meet Manager 6/4/2010 06:45 PM

Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline

Results

Girls 100 Meter Dash

| ===== | | | | | | |
|----------------------|-----------------------|-----------------|----------------------------------|------------|------|----|
| Section 5AA: # 11.88 | | 2003 | Kadeshia Fortune, Mpls. Washburn | | | |
| | | 12.63 | QUAL | | | |
| Name | Year | School | Seed | Prelims | Wind | H# |
| ===== | | | | | | |
| Preliminaries | | | | | | |
| 1 | Davis, Sasha | 11 Park Center | 12.08 | 12.27QQUAL | NWI | 1 |
| 2 | Trentor, Rachel | 10 Totino-Grace | 12.87 | 12.50QQUAL | NWI | 7 |
| 3 | Omeoga, Akuoma | 12 Irondale | 12.74 | 12.62QQUAL | NWI | 5 |
| 4 | Murphey, Nicole | 12 Blaine | 12.66 | 12.66Q | NWI | 3 |
| 5 | Lewis, Katelyn | 12 Osseo | 12.64 | 12.69Q | NWI | 2 |
| 6 | Mullin, Jenny | 10 Mounds View | 12.69 | 12.86Q | NWI | 4 |
| 7 | Rachac, Devon | 8 SpringLkPk/S | 13.33 | 13.22Q | NWI | 6 |
| 8 | Hill, Melanie | 10 Champlin Par | 12.81 | 12.54qQUAL | NWI | 7 |
| 9 | Lindquist, Rachel | 11 SpringLkPk/S | 13.15 | 13.02q | NWI | 2 |
| 10 | Gross, Nia | 11 Osseo | 13.04 | 13.06 | NWI | 5 |
| 11 | Purcell, Courtney | 9 SpringLkPk/S | 13.38 | 13.13 | NWI | 4 |
| 12 | Lister, Marissa | 9 Maple Grove | 13.28 | 13.13 | NWI | 3 |
| 13 | Frankenfield, Mara | 12 Irondale | 13.34 | 13.18 | NWI | 7 |
| 14 | Nelson, Katie | 10 Blaine | 13.25 | 13.23 | NWI | 2 |
| 15 | Deutsch, Taylor | 9 StMichael-Al | 12.80 | 13.24 | NWI | 6 |
| 16 | Mason, Kai | 10 Mounds View | 13.13 | 13.28 | NWI | 3 |
| 17 | Meyers, Antonia | 12 Totino-Grace | 13.55 | 13.44 | NWI | 2 |
| 18 | Wade, Brea | 9 Rogers | 13.36 | 13.44 | NWI | 5 |
| 19 | Gleckler, Abigail | 9 Totino-Grace | 13.76 | 13.44 | NWI | 6 |
| 20 | Wuo, Georgetta | 10 Champlin Par | 13.56 | 13.46 | NWI | 4 |
| 21 | Pawlick, Casie | 9 Totino-Grace | 14.01 | 13.48 | NWI | 6 |
| 22 | Slough, Katie | 8 Osseo | 13.32 | 13.50 | NWI | 5 |
| 23 | Jacobs, Abby | 10 Maple Grove | 13.22 | 13.56 | NWI | 1 |
| 24 | Messerly-Menk, Britta | 8 Mounds View | 13.09 | 13.63 | NWI | 4 |
| 25 | Lawin, Katherine | 10 Irondale | 14.30 | 13.66 | NWI | 5 |
| 26 | Schnevenius, Laura | 11 Centennial | 13.36 | 13.67 | NWI | 6 |
| 27 | Duc, Jenna | 10 Coon Rapids | 13.46 | 13.68 | NWI | 1 |
| 28 | Mlsna, Nicole | 9 StMichael-Al | 13.40 | 13.69 | NWI | 3 |
| 29 | Happke, Caitlynn | 11 Coon Rapids | 13.59 | 13.70 | NWI | 6 |
| 29 | Pawlyshyn, Natalie | 9 SpringLkPk/S | 13.67 | 13.70 | NWI | 7 |
| 31 | Sherva, Lauren | 9 Anoka | 13.80 | 13.70 | NWI | 5 |
| 32 | Nehring, Lexi | 9 Anoka | 13.35 | 13.75 | NWI | 7 |
| 33 | Krause, Tanay | 8 Irondale | 13.72 | 13.77 | NWI | 7 |
| 34 | Ighovojah, Wakpor | 9 Coon Rapids | 13.23 | 13.82 | NWI | 1 |
| 35 | Bednorz, Katlin | 10 Anoka | 13.51 | 13.87 | NWI | 1 |
| 36 | Swanson, Sarah | 11 SpringLkPk/S | 13.85 | 13.95 | NWI | 2 |
| 37 | Perego, Danielle | 8 Rogers | 13.56 | 13.99 | NWI | 3 |
| 38 | Anderson, Suzette | 12 Centennial | 13.87 | 14.03 | NWI | 1 |
| 39 | Angok, Tina | 11 Columbia Hei | 13.31 | 14.04 | NWI | 4 |
| 40 | Umland, Annmarie | 9 Totino-Grace | 14.21 | 14.05 | NWI | 6 |
| 41 | Hanson, Erin | 10 Centennial | 13.94 | 14.09 | NWI | 3 |
| 42 | Herlofsky, Madison | 9 Irondale | 14.17 | 14.17 | NWI | 7 |
| 43 | Palmer, Amanda | 10 Rogers | 13.96 | 14.21 | NWI | 4 |
| 44 | Bursch, Courtney | 9 Rogers | 13.89 | 14.27 | NWI | 1 |
| 45 | Janc, Ellen | 12 Totino-Grace | 14.00 | 14.30 | NWI | 5 |
| 46 | Carlos, Maddie | 10 Anoka | 13.81 | 14.33 | NWI | 4 |
| 47 | Keyte, Storm | 9 Rogers | 14.08 | 14.51 | NWI | 7 |
| 48 | Kelly, Alleah | 9 Park Center | 15.14 | 14.52 | NWI | 1 |
| 49 | Wiese, Sarah | 11 Irondale | 14.58 | 14.52 | NWI | 3 |
| 50 | Witte, Maya | 12 Columbia Hei | 14.32 | 15.08 | NWI | 4 |
| 51 | Ungemach, Annie | 8 Columbia Hei | 15.06 | 15.46 | NWI | 2 |

Girls 100 Meter Dash

| ===== | | | | | | |
|----------------------|-------------------|-----------------|----------------------------------|--------|------|-----|
| Section 5AA: # 11.88 | | 2003 | Kadeshia Fortune, Mpls. Washburn | | | |
| 12.63 | | QUAL | | | | |
| Name | Year | School | Prelims | Finals | Wind | |
| ===== | | | | | | |
| Finals | | | | | | |
| 1 | Davis, Sasha | 11 Park Center | 12.27 | 11.92 | QUAL | 3.3 |
| 2 | Omeoga, Akuoma | 12 Irondale | 12.62 | 12.27 | QUAL | 3.3 |
| 3 | Murphey, Nicole | 12 Blaine | 12.66 | 12.34 | QUAL | 3.3 |
| 4 | Trentor, Rachel | 10 Totino-Grace | 12.50 | 12.47 | QUAL | 3.3 |
| 5 | Hill, Melanie | 10 Champlin Par | 12.54 | 12.57 | QUAL | 3.3 |
| 6 | Lewis, Katelyn | 12 Osseo | 12.69 | 12.61 | QUAL | 3.3 |
| 7 | Mullin, Jenny | 10 Mounds View | 12.86 | 12.63 | QUAL | 3.3 |
| 8 | Lindquist, Rachel | 11 SpringLkPk/S | 13.02 | 12.95 | | 3.3 |
| 9 | Rachac, Devon | 8 SpringLkPk/S | 13.22 | 13.07 | | 3.3 |

Girls 200 Meter Dash

| ===== | | | | | | |
|----------------------|-----------------------|-----------------|----------------------------------|---------|------|-------|
| Section 5AA: # 24.71 | | 2005 | Kadeshia Fortune, St. Louis Park | | | |
| 25.96 | | QUAL | | | | |
| Name | Year | School | Seed | Prelims | Wind | H# |
| ===== | | | | | | |
| Preliminaries | | | | | | |
| 1 | Davis, Sasha | 11 Park Center | 25.46 | 25.15 | QUAL | NWI 2 |
| 2 | Okonkwo, Anuli | 10 Osseo | 25.27 | 25.41 | QUAL | NWI 1 |
| 3 | Omeoga, Akuoma | 12 Irondale | 26.20 | 25.87 | QUAL | NWI 4 |
| 4 | Nelson, Haley | 9 Maple Grove | 26.32 | 26.45 | Q | NWI 3 |
| 5 | Trentor, Rachel | 10 Totino-Grace | 26.10 | 26.71 | Q | NWI 5 |
| 6 | Borgeson, Rebecca | 12 Totino-Grace | 26.03 | 26.06 | q | NWI 4 |
| 7 | Toninato, Emily | 11 Mounds View | 25.85 | 26.50 | q | NWI 3 |
| 8 | Pfaffe, Paige | 11 Mounds View | 26.52 | 26.88 | q | NWI 2 |
| 9 | Carter, Kianna | 10 Irondale | 26.09 | 26.90 | q | NWI 5 |
| 10 | Belsito, Alyssa | 10 Mounds View | 26.53 | 27.11 | | NWI 1 |
| 11 | Schnevenius, Laura | 11 Centennial | 26.57 | 27.14 | | NWI 2 |
| 12 | Clarke, Bridget | 11 Coon Rapids | 27.17 | 27.17 | | NWI 4 |
| 13 | Bair, Maggie | 12 Blaine | 26.56 | 27.23 | | NWI 1 |
| 14 | Reichert, Emily | 10 Rogers | 28.20 | 27.32 | | NWI 1 |
| 15 | Sinha, Anita | 11 SpringLkPk/S | 27.26 | 27.48 | | NWI 5 |
| 16 | Deutsch, Taylor | 9 StMichael-Al | 27.33 | 27.51 | | NWI 3 |
| 17 | Rachac, Devon | 8 SpringLkPk/S | 27.59 | 27.81 | | NWI 1 |
| 18 | Malmstrom, Emily | 10 Mounds View | 27.31 | 27.90 | | NWI 4 |
| 19 | Purcell, Courtney | 9 SpringLkPk/S | 27.92 | 28.01 | | NWI 5 |
| 20 | Lachinski, Hailey | 9 Blaine | 27.21 | 28.07 | | NWI 5 |
| 21 | Gleckler, Abigail | 9 Totino-Grace | 28.46 | 28.13 | | NWI 3 |
| 22 | Young, Shakita | 9 Osseo | 27.59 | 28.42 | | NWI 2 |
| 23 | Wade, Brea | 9 Rogers | 28.56 | 28.46 | | NWI 5 |
| 24 | Ogundipe, Eni | 10 Irondale | 28.36 | 28.48 | | NWI 1 |
| 25 | Messerly-Menk, Britta | 8 Mounds View | 27.11 | 28.57 | | NWI 3 |
| 26 | Mlsna, Nicole | 9 StMichael-Al | 28.50 | 28.58 | | NWI 4 |
| 27 | Beisner, Lindsey | 8 Osseo | 27.94 | 28.62 | | NWI 4 |
| 28 | Krismer, Katie | 9 Maple Grove | 27.40 | 28.72 | | NWI 2 |
| 29 | Lavrenz, Emily | 9 StMichael-Al | 28.07 | 28.83 | | NWI 3 |
| 30 | Duc, Jenna | 10 Coon Rapids | 27.81 | 28.86 | | NWI 5 |
| 31 | Corbin, Taylor | 11 Maple Grove | 27.70 | 28.93 | | NWI 4 |
| 32 | Barringer, Danielle | 11 Irondale | 29.24 | 29.37 | | NWI 1 |
| 33 | Janc, Ellen | 12 Totino-Grace | 29.12 | 29.37 | | NWI 1 |
| 34 | Andruskiewicz, Sydni | 9 Rogers | 29.33 | 29.40 | | NWI 2 |
| 35 | Gellerman, Andrea | 12 Rogers | 29.05 | 29.44 | | NWI 4 |
| 36 | Penshorn, Liz | 9 Coon Rapids | 28.56 | 29.46 | | NWI 5 |
| 37 | Reeves, Colleen | 11 Rogers | 29.06 | 29.51 | | NWI 3 |
| 38 | Piette, Maria | 9 Centennial | 28.14 | 29.61 | | NWI 2 |
| 39 | Ungemach, Annie | 8 Columbia Hei | 31.35 | 32.26 | | NWI 4 |
| 40 | Corbett, Kasey | 12 Columbia Hei | 31.25 | 32.32 | | NWI 3 |

| | | | | | |
|---------------------|-----------------|-------|-------|-----|---|
| 41 Perez, Shanel | 10 Columbia Hei | 33.83 | 33.19 | NWI | 5 |
| -- Brown, MacKenzie | 10 SpringLkPk/S | 27.63 | DNF | NWI | 3 |

Girls 200 Meter Dash

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 Section 5AA: # 24.71 2005 Kadeshia Fortune, St. Louis Park
 25.96 QUAL

| Name | Year School | Prelims | Finals | Wind |
|---------------------|-----------------|---------|------------|------|
| ===== | | | | |
| Finals | | | | |
| 1 Davis, Sasha | 11 Park Center | 25.15 | 24.20 QUAL | 4.0 |
| 2 Omeoga, Akuoma | 12 Irondale | 25.87 | 25.14 QUAL | 4.0 |
| 3 Okonkwo, Anuli | 10 Osseo | 25.41 | 25.34 QUAL | 4.0 |
| 4 Borgeson, Rebecca | 12 Totino-Grace | 26.06 | 25.47 QUAL | 4.0 |
| 5 Toninato, Emily | 11 Mounds View | 26.50 | 25.89 QUAL | 4.0 |
| 6 Trentor, Rachel | 10 Totino-Grace | 26.71 | 25.90 QUAL | 4.0 |
| 7 Pfaffe, Paige | 11 Mounds View | 26.88 | 26.39 | 4.0 |
| 8 Nelson, Haley | 9 Maple Grove | 26.45 | 26.44 | 4.0 |
| 9 Carter, Kianna | 10 Irondale | 26.90 | 26.48 | 4.0 |

Girls 400 Meter Dash

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 Section 5AA: # 56.07 1999 Deborah Cordner, St. Louis Park
 57.55 QUAL

| Name | Year School | Seed | Prelims | H# |
|------------------------|-----------------|---------|----------|----|
| ===== | | | | |
| Preliminaries | | | | |
| 1 Davis, Sasha | 11 Park Center | 58.08 | 58.63Q | 1 |
| 2 Carter, Kianna | 10 Irondale | 58.70 | 58.82Q | 3 |
| 3 Bethke, Kelsey | 11 Mounds View | 58.28 | 59.17Q | 2 |
| 4 Borgeson, Rebecca | 12 Totino-Grace | 58.87 | 59.22Q | 4 |
| 5 Norris, Elisabeth | 12 Totino-Grace | 1:00.47 | 1:00.50Q | 5 |
| 6 Lachinski, Hailey | 9 Blaine | 1:00.87 | 1:00.95q | 4 |
| 7 Pfaffe, Paige | 11 Mounds View | 1:03.11 | 1:01.24q | 2 |
| 8 Pafko, Ashley | 9 Blaine | 1:02.63 | 1:01.27q | 4 |
| 9 Sorensen, Keelie | 12 Park Center | 1:01.34 | 1:01.34q | 1 |
| 10 Louiselle, Anne | 10 Totino-Grace | 1:01.20 | 1:01.40 | 2 |
| 11 Philips, Emily | 11 Maple Grove | 1:01.16 | 1:01.42 | 3 |
| 12 Neubauer, Brooke | 11 Blaine | 1:01.47 | 1:01.60 | 1 |
| 13 Wanner, Elizabeth | 10 Totino-Grace | 1:00.58 | 1:01.62 | 5 |
| 14 Gordhamer, Lauren | 11 SpringLkPk/S | 1:02.38 | 1:01.70 | 5 |
| 15 Olson, Paige | 11 Osseo | 1:02.97 | 1:02.32 | 3 |
| 16 Malmstrom, Emily | 10 Mounds View | 1:02.53 | 1:02.37 | 5 |
| 17 Bialke, Morgan | 10 Osseo | 1:03.54 | 1:03.08 | 1 |
| 18 Culp, Megan | 11 Centennial | 1:03.41 | 1:03.11 | 1 |
| 19 Young, Malorie | 12 Coon Rapids | 1:02.37 | 1:03.67 | 4 |
| 20 Pipenhagen, Mary | 11 Anoka | 1:03.90 | 1:03.85 | 2 |
| 21 Boehne, Nikki | 9 Centennial | 1:04.90 | 1:04.10 | 5 |
| 22 Jones, Katelyn | 10 Anoka | 1:02.18 | 1:04.11 | 3 |
| 23 Duehn, Rachel | 10 Fridley | 1:04.69 | 1:04.68 | 4 |
| 24 Wanda, Lisa | 11 Osseo | 1:05.54 | 1:05.04 | 2 |
| 25 M. Nelson, Rachel | 12 Coon Rapids | 1:04.36 | 1:05.05 | 3 |
| 26 Buggs, Olivia | 8 Park Center | 1:02.15 | 1:05.08 | 2 |
| 27 Dame, Sarah | 9 Centennial | 1:05.13 | 1:05.61 | 5 |
| 28 Moriarty, Cecilia | 10 Champlin Par | 1:05.18 | 1:05.67 | 4 |
| 29 Rooker, Alaina | 10 StMichael-Al | 1:05.78 | 1:05.81 | 1 |
| 30 Mallinger, Burgandy | 9 Rogers | 1:05.36 | 1:06.02 | 3 |
| 31 Robinson, Chelsea | 11 StMichael-Al | 1:06.00 | 1:06.68 | 1 |
| 32 Olzenak, Kelly | 9 Maple Grove | 1:06.68 | 1:06.96 | 5 |
| 33 Kornovich, Sarah | 10 Rogers | 1:06.21 | 1:07.30 | 3 |
| 34 DJIhic, Belma | 9 SpringLkPk/S | 1:06.19 | 1:07.69 | 2 |
| 35 Barringer, Danielle | 11 Irondale | 1:07.14 | 1:07.73 | 5 |
| 36 Reger, Libby | 8 Rogers | 1:07.32 | 1:07.83 | 4 |
| 37 Pope, Allison | 10 Coon Rapids | 1:06.27 | 1:08.78 | 4 |
| 38 Corbett, Kasey | 12 Columbia Hei | 1:11.47 | 1:10.21 | 3 |

Girls 400 Meter Dash

| ===== | | | | |
|----------------------|------|--------------|--------------------------------|------------|
| Section 5AA: # 56.07 | | 1999 | Deborh Cordner, St. Louis Park | |
| 57.55 | | QUAL | | |
| Name | Year | School | Prelims | Finals |
| ===== | | | | |
| Finals | | | | |
| 1 Davis, Sasha | 11 | Park Center | 58.63 | 57.26 QUAL |
| 2 Bethke, Kelsey | 11 | Mounds View | 59.17 | 58.19 |
| 3 Borgeson, Rebecca | 12 | Totino-Grace | 59.22 | 58.44 |
| 4 Carter, Kianna | 10 | Irondale | 58.82 | 59.68 |
| 5 Lachinski, Hailey | 9 | Blaine | 1:00.95 | 1:00.57 |
| 6 Norris, Elisabeth | 12 | Totino-Grace | 1:00.50 | 1:00.79 |
| 7 Pfaffe, Paige | 11 | Mounds View | 1:01.24 | 1:01.76 |
| 8 Sorensen, Keelie | 12 | Park Center | 1:01.34 | 1:02.47 |
| 9 Pafko, Ashley | 9 | Blaine | 1:01.27 | 1:03.43 |

Girls 800 Meter Run

| ===== | | | | |
|-------------------------|------|--------------|---------------------------|----------|
| Section 5AA: # 2:15.02 | | 5/29/2008 | Emily Emerson, Centennial | |
| 2:17.64 | | QUAL | | |
| Name | Year | School | Seed | Prelims |
| ===== | | | | |
| Preliminaries | | | | |
| 1 McSherry, Ally | 12 | Totino-Grace | 2:22.33 | 2:17.93Q |
| 2 Dillon, Jennifer | 12 | Totino-Grace | 2:21.00 | 2:22.17Q |
| 3 Kienholz, Megan | 9 | Centennial | 2:20.69 | 2:23.81Q |
| 4 McDonald, Taylor | 9 | Totino-Grace | 2:25.12 | 2:20.86Q |
| 5 Balzer, Nicole | 9 | Mounds View | 2:24.68 | 2:24.07Q |
| 6 Knopf, Beth | 10 | Mounds View | 2:24.79 | 2:26.38Q |
| 7 McDaniels, Katie | 9 | Mounds View | 2:22.36 | 2:21.26Q |
| 8 O'Donnell, Jenna | 11 | Maple Grove | 2:28.87 | 2:24.08Q |
| 9 Harper, Erin | 10 | Blaine | 2:24.55 | 2:27.43Q |
| 10 Degelau, Brooke | 9 | Irondale | 2:25.29 | 2:21.92q |
| 11 Ries, Renee | 11 | Totino-Grace | 2:24.67 | 2:25.63q |
| 12 Ball, Nicole | 12 | Park Center | | 2:27.03q |
| 13 Halfrich, Sara | 8 | Maple Grove | 2:32.03 | 2:27.72 |
| 14 Nugent, Ana | 11 | Totino-Grace | 2:31.33 | 2:28.63 |
| 15 Herbert, Mara | 9 | Mounds View | 2:27.24 | 2:28.69 |
| 16 Stratton, Mandy | 9 | Blaine | 2:31.30 | 2:29.27 |
| 17 Huffman, Britta | 12 | Coon Rapids | 2:28.91 | 2:30.33 |
| 18 Nalepka, Christine | 12 | Fridley | 2:31.20 | 2:31.02 |
| 19 Christian, Devyn | 11 | SpringLkPk/S | 2:36.84 | 2:31.94 |
| 20 Dutton, Courtney | 11 | Coon Rapids | 2:32.23 | 2:32.10 |
| 21 Bezdicek, Kaitlin | 11 | Osseo | 2:33.40 | 2:32.16 |
| 22 Rappa, Kristen | 12 | Irondale | 2:29.33 | 2:32.38 |
| 23 Winslow, Darian | 9 | Totino-Grace | 2:30.90 | 2:32.55 |
| 24 Parent, McKenna | 10 | Anoka | 2:29.81 | 2:32.66 |
| 25 Weimholt, Stefani | 9 | Coon Rapids | 2:37.21 | 2:32.96 |
| 26 Tonn, Gina | 12 | Park Center | 2:35.10 | 2:33.09 |
| 27 Dills, Sam | 9 | Coon Rapids | 2:34.19 | 2:33.14 |
| 28 Miller, Alexandra | 9 | Totino-Grace | 2:34.45 | 2:33.28 |
| 29 Nelson, Anna | 9 | Coon Rapids | 2:33.13 | 2:33.34 |
| 30 Foote, Laura | 11 | Maple Grove | 2:33.34 | 2:33.66 |
| 31 Metzger, Renae | 10 | Park Center | 2:36.90 | 2:34.04 |
| 32 Kasper, Leidy | 11 | Champlin Par | 2:40.27 | 2:37.02 |
| 33 Marquardt, Nicolette | 12 | Champlin Par | 2:43.74 | 2:37.49 |
| 34 Hinkemeyer, Beth | 9 | StMichael-Al | 2:43.10 | 2:37.68 |
| 35 Fallon, Kendra | 11 | Champlin Par | 2:41.76 | 2:38.56 |
| 36 Jaskela, Meagan | 12 | SpringLkPk/S | 2:37.64 | 2:40.85 |
| 37 Kessler, Emily | 11 | StMichael-Al | 2:44.76 | 2:41.63 |
| 38 Leone, Amanda | 10 | Park Center | 2:44.40 | 2:42.78 |
| 39 Zink, Kristin | 10 | Irondale | 2:47.10 | 2:44.37 |
| 40 Spoolman, Allison | 11 | Osseo | 2:46.44 | 2:45.76 |

| | | | |
|------------------------|-------------|---------|---------|
| 41 Hansen, Alexandra | 11 Irondale | 2:46.71 | 2:45.78 |
| 42 Stutelberg, Cassidy | 9 Rogers | 2:45.10 | 2:47.33 |
| 43 Rouillard, Janaye | 9 Rogers | 2:50.83 | 2:47.38 |
| 44 Mahdy, Nancy | 11 Fridley | 2:49.32 | 2:50.08 |
| 45 Buirge, Daelynn | 10 Fridley | 2:48.46 | 2:52.81 |
| 46 Sweeney, Maria | 10 Irondale | 2:57.14 | 3:00.43 |

Girls 800 Meter Run

Section 5AA: # 2:15.02 5/29/2008 Emily Emerson, Centennial
2:17.64 QUAL

| Name | Year School | Prelims | Finals |
|---------------------|-----------------|---------|---------|
| Finals | | | |
| 1 McSherry, Ally | 12 Totino-Grace | 2:17.93 | 2:20.08 |
| 2 Dillon, Jennifer | 12 Totino-Grace | 2:22.17 | 2:21.13 |
| 3 McDonald, Taylor | 9 Totino-Grace | 2:20.86 | 2:23.19 |
| 4 Kienholz, Megan | 9 Centennial | 2:23.81 | 2:23.47 |
| 5 Degelau, Brooke | 9 Irondale | 2:21.92 | 2:23.54 |
| 6 Ries, Renee | 11 Totino-Grace | 2:25.63 | 2:24.53 |
| 7 McDaniels, Katie | 9 Mounds View | 2:21.26 | 2:25.01 |
| 8 Balzer, Nicole | 9 Mounds View | 2:24.07 | 2:25.66 |
| 9 Knopf, Beth | 10 Mounds View | 2:26.38 | 2:25.76 |
| 10 O'Donnell, Jenna | 11 Maple Grove | 2:24.08 | 2:28.28 |
| 11 Harper, Erin | 10 Blaine | 2:27.43 | 2:31.91 |
| 12 Ball, Nicole | 12 Park Center | 2:27.03 | 2:33.18 |

Girls 1600 Meter Run

Section 5AA: # 5:05.40 2004 Lisa Waananen, Maple Grove
5:04.41 QUAL

| Name | Year School | Seed | Finals |
|-----------------------|-----------------|---------|---------|
| 1 Sjelin, Maddi | 9 StMichael-Al | 5:17.41 | 5:16.62 |
| 2 Shagen, Kaley | 9 Osseo | 5:23.82 | 5:20.56 |
| 3 Fritz, Katelyn | 10 Anoka | 5:19.06 | 5:24.13 |
| 4 Johnson, Brittney | 11 Mounds View | 5:20.33 | 5:26.03 |
| 5 Narigon, Lizzy | 12 Mounds View | 5:23.31 | 5:27.48 |
| 6 Soli, Cassidy | 9 Champlin Par | 5:24.03 | 5:29.35 |
| 7 Picard, Allie | 10 SpringLkPk/S | 5:32.98 | 5:29.78 |
| 8 Hereid, Tera | 12 Blaine | 5:31.04 | 5:34.72 |
| 9 D'Heilly, Paige | 9 Coon Rapids | 5:26.80 | 5:36.02 |
| 10 Simonet, Kate | 9 Park Center | 5:36.70 | 5:36.13 |
| 11 Tracy, Laura | 11 Mounds View | 5:27.73 | 5:36.48 |
| 12 Richter, Becca | 12 Osseo | 5:39.64 | 5:37.03 |
| 13 Moore, McKinley | 10 Champlin Par | 5:38.87 | 5:37.97 |
| 14 Ball, Nicole | 12 Park Center | 5:41.60 | 5:38.49 |
| 15 Herbert, Mara | 9 Mounds View | 5:31.54 | 5:39.99 |
| 16 Willenbring, Laura | 12 Mounds View | 5:37.53 | 5:40.50 |
| 17 Bowler, Sarah | 12 Centennial | 5:32.25 | 5:41.23 |
| 18 Dills, Sam | 9 Coon Rapids | 5:41.84 | 5:43.36 |
| 19 Kretschmer, Lexie | 10 Centennial | 5:41.40 | 5:43.42 |
| 20 Nugent, Ana | 11 Totino-Grace | 5:55.70 | 5:43.92 |
| 21 Korby, Danille | 9 Park Center | 5:38.70 | 5:44.72 |
| 22 Bianchi, Jessica | 10 Rogers | 5:44.03 | 5:45.86 |
| 23 Aaron, Miranda | 11 Maple Grove | 5:47.15 | 5:46.79 |
| 24 Christian, Devyn | 11 SpringLkPk/S | 5:56.42 | 5:48.65 |
| 25 Nelson, Anna | 9 Coon Rapids | 5:58.63 | 5:49.92 |
| 26 Anderson, Ally | 9 Blaine | 5:51.00 | 5:51.73 |
| 27 Waananen, Amy | 11 Maple Grove | 5:54.24 | 5:51.86 |
| 28 Weimholt, Stefani | 9 Coon Rapids | 6:07.11 | 5:52.44 |
| 29 Benson, Natalie | 12 Centennial | 5:52.64 | 5:52.82 |
| 30 Johnson, Kayla | 12 Coon Rapids | 5:47.18 | 5:53.63 |
| 31 Winslow, Darian | 9 Totino-Grace | 5:55.26 | 5:54.54 |
| 32 Johnson, Kendhal | 8 Maple Grove | 5:55.77 | 5:54.91 |

| | | | |
|------------------------|-----------------|---------|---------|
| 33 McCullough, Colleen | 10 Osseo | 5:38.69 | 5:56.07 |
| 34 Weinberger, Jenna | 11 Anoka | 5:53.77 | 5:56.81 |
| 35 Helwig, Emily | 12 Rogers | 5:58.04 | 5:57.31 |
| 36 Holtan, Chloe | 11 Totino-Grace | 5:57.33 | 6:02.20 |
| 37 Ruikka, Sam | 9 Fridley | 6:04.74 | 6:02.84 |
| 38 Shogren, Maddie | 10 Blaine | 5:46.18 | 6:02.93 |
| 39 Autio, Erin | 8 StMichael-Al | 5:42.81 | 6:02.94 |
| 40 Jaskela, Meagan | 12 SpringLkPk/S | 5:59.68 | 6:03.32 |
| 41 Johnson, Julia | 9 Blaine | 5:59.41 | 6:04.09 |
| 42 Kobelinski, Sarah | 10 Anoka | 6:07.10 | 6:04.23 |
| 43 Hoff, Katie | 8 SpringLkPk/S | 5:50.89 | 6:04.61 |
| 44 Tonn, Gina | 12 Park Center | 5:54.40 | 6:05.10 |
| 45 Spitzmueller, Amy | 12 Totino-Grace | 5:48.87 | 6:06.59 |
| 46 Benti, Lakka | 9 Irondale | 6:03.32 | 6:09.50 |
| 47 Willcox, Rachael | 9 Irondale | 6:10.34 | 6:11.55 |
| 48 Gunderman, Allicia | 9 Irondale | 6:09.84 | 6:12.58 |
| 49 Zink, Kristin | 10 Irondale | 6:14.24 | 6:13.68 |
| 50 Hansen, Alexandra | 11 Irondale | 6:31.67 | 6:28.71 |

Girls 3200 Meter Run

=====
 Section 5AA: # 10:49.22 2003 Lisa Waananen, Maple Grove
 11:03.13 QUAL

| Name | Year School | Seed | Finals |
|-----------------------------|-----------------|----------|----------|
| 1 Kindelspire, Emily | 12 Totino-Grace | 11:28.18 | 11:18.05 |
| 2 Fritz, Katelyn | 10 Anoka | 11:33.43 | 11:18.89 |
| 3 Soli, Cassidy | 9 Champlin Par | 11:32.84 | 11:20.53 |
| 4 Sjelin, Maddi | 9 StMichael-Al | 11:33.68 | 11:32.90 |
| 5 Guse, Lauren | 8 SpringLkPk/S | 11:53.53 | 11:40.12 |
| 6 Narigon, Lizzy | 12 Mounds View | 11:44.00 | 11:42.20 |
| 7 Wojack, Alyssa | 12 Coon Rapids | 12:05.47 | 11:44.55 |
| 8 Korby, Danille | 9 Park Center | 12:19.10 | 11:49.76 |
| 9 Hereid, Tera | 12 Blaine | 12:04.96 | 11:51.64 |
| 10 Larsen, Andrea | 12 SpringLkPk/S | 11:55.35 | 11:54.44 |
| 11 D'Heilly, Paige | 9 Coon Rapids | 12:04.64 | 11:55.73 |
| 12 Simonet, Kate | 9 Park Center | 12:07.10 | 11:56.53 |
| 13 Willenbring, Laura | 12 Mounds View | 12:03.59 | 11:56.67 |
| 14 Richter, Becca | 12 Osseo | 12:26.87 | 11:59.56 |
| 15 Clark, Ashley | 10 Mounds View | 12:02.32 | 12:00.79 |
| 16 Engstrom, Melissa | 11 Coon Rapids | 11:53.02 | 12:12.65 |
| 17 Aaron, Miranda | 11 Maple Grove | 12:24.24 | 12:16.93 |
| 18 Johnson, Kayla | 12 Coon Rapids | 12:52.46 | 12:19.91 |
| 19 Bianchi, Jessica | 10 Rogers | 12:12.63 | 12:19.97 |
| 20 Marsh, Melissa | 8 SpringLkPk/S | 12:03.74 | 12:24.73 |
| 21 Blais, Katie | 10 StMichael-Al | 12:27.50 | 12:25.18 |
| 22 Benson, Natalie | 12 Centennial | 12:41.27 | 12:25.96 |
| 23 Kretschmer, Lexie | 10 Centennial | 12:45.00 | 12:29.43 |
| 24 Janzen, Annika | 10 Centennial | 12:59.20 | 12:35.91 |
| 25 Helwig, Emily | 12 Rogers | 12:58.07 | 12:39.29 |
| 26 Waananen, Amy | 11 Maple Grove | 12:51.24 | 12:45.04 |
| 27 Ruikka, Sam | 9 Fridley | 13:23.50 | 12:47.17 |
| 28 Billett, Kayla | 9 Anoka | 12:18.00 | 12:54.60 |
| 29 Spitzmueller, Amy | 12 Totino-Grace | 13:09.22 | 12:55.71 |
| 30 Fennell, Nichole | 11 Coon Rapids | 13:03.66 | 12:59.26 |
| 31 AArons, Jenny | 8 Maple Grove | 13:52.24 | 12:59.81 |
| 32 Shogren, Maddie | 10 Blaine | 12:49.60 | 13:01.21 |
| 33 McElroy, Jenna | 11 Champlin Par | 12:31.76 | 13:01.64 |
| 34 Schoenrock, Jenny | 8 Osseo | 12:40.20 | 13:13.41 |
| 35 Gunderman, Allicia | 9 Irondale | 13:33.49 | 13:27.76 |
| 36 Holtan, Chloe | 11 Totino-Grace | 13:28.34 | 13:54.07 |
| 37 (Kirby Schell, Alexandra | 11 Irondale | 14:30.39 | 14:00.58 |
| 38 Yurek, Mackenzie | 12 Champlin Par | 13:13.08 | 14:13.19 |
| 39 Douvier, Katelyn | 10 Irondale | 14:15.66 | 14:19.67 |

Girls 100 Meter Hurdles

| ===== | | | | | | |
|----------------------|-------------------|-----------------|----------------------------|---------|------|-------|
| Section 5AA: # 14.61 | | 2003 | Alyssa Johnson, Mpls Henry | | | |
| 15.34 | | QUAL | | | | |
| Name | Year | School | Seed | Prelims | Wind | H# |
| ===== | | | | | | |
| Preliminaries | | | | | | |
| 1 | Bair, Maggie | 12 Blaine | 14.73 | 15.02 | QUAL | NWI 1 |
| 2 | Sawtell, Kayla | 12 Mounds View | 14.78 | 15.86 | Q | NWI 2 |
| 3 | Niewald, Hannah | 10 Fridley | 16.42 | 16.20 | Q | NWI 4 |
| 4 | Ndely, Michelle | 10 Champlin Par | 15.57 | 16.42 | Q | NWI 3 |
| 5 | Evanson, Olivia | 11 Maple Grove | 16.37 | 16.74 | Q | NWI 5 |
| 6 | Bestman, Edwina | 10 Park Center | 16.92 | 16.33 | q | NWI 4 |
| 7 | Prouty, Keisha | 12 Anoka | 16.18 | 16.49 | q | NWI 4 |
| 8 | Pieper, Sarah | 11 Irondale | 16.68 | 16.63 | q | NWI 1 |
| 9 | Jones, Erin | 12 Centennial | 16.54 | 16.86 | q | NWI 1 |
| 10 | Denler, Melissa | 12 Champlin Par | 16.46 | 16.89 | | NWI 3 |
| 11 | Hara, Taylor | 11 Totino-Grace | 16.84 | 16.91 | | NWI 5 |
| 12 | Abbott, Nicole | 10 Anoka | 16.81 | 16.94 | | NWI 3 |
| 13 | Lu, Tina | 10 Coon Rapids | 16.28 | 16.96 | | NWI 5 |
| 14 | Ohmann, Andrea | 10 Blaine | 17.01 | 17.07 | | NWI 3 |
| 15 | Paul, Margaret | 11 Totino-Grace | 16.89 | 17.12 | | NWI 5 |
| 16 | Schneider, Emma | 11 Mounds View | 16.69 | 17.34 | | NWI 2 |
| 17 | Speidel, Aundria | 11 Rogers | 17.19 | 17.38 | | NWI 2 |
| 18 | Rodman, Shauna | 11 Anoka | 17.30 | 17.65 | | NWI 1 |
| 19 | House, Madison | 11 Maple Grove | 17.66 | 17.90 | | NWI 5 |
| 20 | Schwint, Carli | 10 Fridley | 16.83 | 17.92 | | NWI 4 |
| 21 | watson, darien | 10 Osseo | 18.18 | 17.94 | | NWI 2 |
| 22 | Volk, Christine | 11 Champlin Par | 17.63 | 18.00 | | NWI 4 |
| 23 | Olagbaiye, Nicole | 10 Osseo | 17.76 | 18.05 | | NWI 5 |
| 24 | Schaeffer, Maddie | 10 Rogers | 17.48 | 18.11 | | NWI 2 |
| 25 | Sollars, Sasha | 12 Anoka | 16.48 | 18.25 | | NWI 2 |
| 26 | Durand, Lauren | 11 Maple Grove | 18.63 | 18.32 | | NWI 5 |
| 27 | Robinson, Molly | 11 Osseo | 17.91 | 18.37 | | NWI 4 |
| 28 | Johnson, Katie | 10 Anoka | 17.29 | 18.50 | | NWI 1 |
| 29 | Senyk, Erika | 11 Mounds View | 17.55 | 18.52 | | NWI 3 |
| 30 | Clifford, Julia | 10 Blaine | 18.23 | 18.53 | | NWI 1 |
| 31 | Schultz, Lauren | 11 Mounds View | 18.28 | 18.77 | | NWI 2 |
| 32 | Cannon, Emma | 11 Centennial | 18.34 | 19.09 | | NWI 4 |
| 33 | Bagley, Ashley | 11 Centennial | 17.94 | 19.13 | | NWI 3 |
| 34 | Tosu, Amanda | 11 Irondale | 19.37 | 19.22 | | NWI 4 |
| 35 | Angok, Tina | 11 Columbia Hei | 18.31 | 19.48 | | NWI 3 |
| 36 | Adams, Emily | 11 Rogers | 19.23 | 19.88 | | NWI 5 |
| 37 | Andriandra, Elza | 9 Irondale | 19.47 | 19.91 | | NWI 3 |
| 38 | Flermoen, Janna | 12 Columbia Hei | 19.52 | 19.95 | | NWI 2 |
| 39 | Yantes, Austin | 11 Rogers | 19.53 | 19.98 | | NWI 1 |
| 40 | Noel, Frances | 9 StMichael-Al | 18.22 | 21.15 | | NWI 1 |
| 41 | Shupare, Lali | 7 Park Center | 23.79 | 23.55 | | NWI 2 |

Girls 100 Meter Hurdles

| ===== | | | | | | |
|----------------------|-----------------|-----------------|----------------------------|--------|------|-----|
| Section 5AA: # 14.61 | | 2003 | Alyssa Johnson, Mpls Henry | | | |
| 15.34 | | QUAL | | | | |
| Name | Year | School | Prelims | Finals | Wind | |
| ===== | | | | | | |
| Finals | | | | | | |
| 1 | Sawtell, Kayla | 12 Mounds View | 15.86 | 14.45 | QUAL | 2.7 |
| 2 | Bair, Maggie | 12 Blaine | 15.02 | 14.52 | QUAL | 2.7 |
| 3 | Ndely, Michelle | 10 Champlin Par | 16.42 | 15.49 | | 2.7 |
| 4 | Niewald, Hannah | 10 Fridley | 16.20 | 15.53 | | 2.7 |
| 5 | Pieper, Sarah | 11 Irondale | 16.63 | 16.08 | | 2.7 |
| 6 | Jones, Erin | 12 Centennial | 16.86 | 16.29 | | 2.7 |
| 7 | Prouty, Keisha | 12 Anoka | 16.49 | 16.34 | | 2.7 |
| 8 | Evanson, Olivia | 11 Maple Grove | 16.74 | 16.48 | | 2.7 |
| 9 | Bestman, Edwina | 10 Park Center | 16.33 | 19.38 | | 2.7 |

Girls 300 Meter Hurdles

| Section 5AA: # 45.16 5/29/2009 Kayla Sawtell, MoundsView | | | | | | |
|--|------|--------------|-------|---------|----|--|
| 46.23 QUAL | | | | | | |
| Name | Year | School | Seed | Prelims | H# | |
| Preliminaries | | | | | | |
| 1 Jones, Bria | 11 | SpringLkPk/S | 45.65 | 46.26Q | 1 | |
| 2 Bestman, Edwina | 10 | Park Center | 47.10 | 46.34Q | 5 | |
| 3 Mullin, Jenny | 10 | Mounds View | 45.97 | 46.72Q | 3 | |
| 4 Sawtell, Kayla | 12 | Mounds View | 45.68 | 47.42Q | 2 | |
| 5 Niewald, Hannah | 10 | Fridley | 47.04 | 47.53Q | 4 | |
| 6 Schaeffer, Maddie | 10 | Rogers | 48.21 | 47.37q | 3 | |
| 7 Hooker, Brehana | 12 | Park Center | 48.75 | 47.50q | 3 | |
| 8 Whitney, Kirsten | 9 | SpringLkPk/S | 47.22 | 47.51q | 5 | |
| 9 Paul, Margaret | 11 | Totino-Grace | 49.40 | 48.16q | 5 | |
| 10 Pelant, Emily | 11 | StMichael-Al | 48.60 | 48.36 | 1 | |
| 11 Ndely, Michelle | 10 | Champlin Par | 54.36 | 48.41 | 1 | |
| 12 Speidel, Aundria | 11 | Rogers | 48.89 | 48.66 | 4 | |
| 13 Lu, Tina | 10 | Coon Rapids | 48.34 | 49.23 | 2 | |
| 14 Rodman, Shauna | 11 | Anoka | 53.82 | 49.26 | 4 | |
| 15 Denler, Melissa | 12 | Champlin Par | 48.73 | 49.57 | 2 | |
| 16 Sollars, Sasha | 12 | Anoka | 48.55 | 49.81 | 1 | |
| 17 Pieper, Sarah | 11 | Irondale | 47.50 | 49.86 | 4 | |
| 18 Jones, Erin | 12 | Centennial | 49.82 | 50.44 | 4 | |
| 19 House, Madison | 11 | Maple Grove | 50.32 | 50.73 | 3 | |
| 20 Ohmann, Andrea | 10 | Blaine | 50.41 | 50.93 | 1 | |
| 21 Arbeiter, McKenzie | 9 | Maple Grove | 52.05 | 51.00 | 4 | |
| 22 Hara, Taylor | 11 | Totino-Grace | 50.40 | 51.14 | 2 | |
| 23 Schultz, Lauren | 11 | Mounds View | 48.94 | 51.18 | 5 | |
| 24 Schwint, Carli | 11 | Fridley | 51.74 | 51.42 | 4 | |
| 25 Robinson, Molly | 11 | Osseo | 51.34 | 51.58 | 2 | |
| 26 Schneider, Emma | 11 | Mounds View | 53.74 | 51.67 | 5 | |
| 27 Clifford, Julia | 10 | Blaine | 51.22 | 51.68 | 1 | |
| 28 Forbes, Lizzy | 11 | Maple Grove | 51.35 | 51.68 | 3 | |
| 29 Johnson, Katie | 10 | Anoka | 53.70 | 51.90 | 5 | |
| 30 Herman, Kaley | 11 | Champlin Par | 53.23 | 52.03 | 3 | |
| 31 Oakden, Jenna | 10 | Champlin Par | 51.94 | 52.34 | 5 | |
| 32 Volk, Christine | 11 | Champlin Par | 53.22 | 52.35 | 2 | |
| 33 Yantes, Austin | 11 | Rogers | 54.20 | 52.36 | 2 | |
| 34 Cornelliuous, Gabby | 10 | Osseo | 53.03 | 52.62 | 1 | |
| 35 Olagbaiye, Nicole | 10 | Osseo | 52.16 | 52.63 | 3 | |
| 36 Bostrom, Karissa | 11 | Blaine | 53.52 | 52.86 | 4 | |
| 37 Tosu, Amanda | 11 | Irondale | 53.87 | 52.93 | 3 | |
| 38 Cannon, Emma | 11 | Centennial | 51.79 | 53.03 | 5 | |
| 39 Herbst, Emilie | 9 | StMichael-Al | 55.64 | 53.66 | 2 | |
| 40 Sherman, Leah | 10 | Irondale | 52.82 | 53.75 | 1 | |
| 41 Adams, Emily | 11 | Rogers | 55.08 | 54.86 | 1 | |
| 42 Flermoen, Janna | 12 | Columbia Hei | 55.95 | 55.25 | 3 | |
| 43 Andriandra, Elza | 9 | Irondale | 58.24 | 57.67 | 4 | |

Girls 300 Meter Hurdles

| Section 5AA: # 45.16 5/29/2009 Kayla Sawtell, MoundsView | | | | |
|--|------|--------------|---------|------------|
| 46.23 QUAL | | | | |
| Name | Year | School | Prelims | Finals |
| Finals | | | | |
| 1 Sawtell, Kayla | 12 | Mounds View | 47.42 | 44.84#QUAL |
| 2 Jones, Bria | 11 | SpringLkPk/S | 46.26 | 45.13#QUAL |
| 3 Mullin, Jenny | 10 | Mounds View | 46.72 | 45.65 QUAL |
| 4 Schaeffer, Maddie | 10 | Rogers | 47.37 | 46.73 |
| 5 Niewald, Hannah | 10 | Fridley | 47.53 | 46.89 |
| 6 Hooker, Brehana | 12 | Park Center | 47.50 | 47.69 |

| | | | |
|--------------------|-----------------|-------|-------|
| 7 Paul, Margaret | 11 Totino-Grace | 48.16 | 47.73 |
| 8 Whitney, Kirsten | 9 SpringLkPk/S | 47.51 | 47.96 |
| -- Bestman, Edwina | 10 Park Center | 46.34 | DNF |

Girls 4x100 Meter Relay

| Section 5AA: # 48.15 2004 | | | | Mpls Washburn, Mpls Washburn | |
|-----------------------------|----------------------|------------|----|------------------------------|--|
| 49.64 QUAL | | | | | |
| School | Seed | Finals | H# | | |
| 1 Osseo 'A' | 48.63 | 48.75 QUAL | 2 | | |
| 1) Okonkwo, Anuli 10 | 2) Gross, Nia 11 | | | | |
| 3) Olson, Paige 11 | 4) Lewis, Katelyn 12 | | | | |
| 5) Slough, Katie 8 | 6) Nichols, Raja 9 | | | | |
| 2 Anoka 'A' | 49.71 | 49.67 | 2 | | |
| 3 Mounds View 'A' | 49.42 | 49.68 | 2 | | |
| 4 Blaine 'A' | 50.07 | 49.86 | 2 | | |
| 5 Maple Grove 'A' | 50.54 | 50.93 | 2 | | |
| 6 SpringLkPk/StAnthony 'A' | 51.79 | 51.06 | 2 | | |
| 7 Coon Rapids 'A' | 52.39 | 52.37 | 1 | | |
| 8 StMichael-Albertville 'A' | 53.20 | 52.99 | 1 | | |
| 9 Rogers 'A' | 53.26 | 53.09 | 1 | | |
| 10 Park Center 'A' | 55.04 | 53.33 | 1 | | |
| 11 Centennial 'A' | 54.06 | 53.97 | 1 | | |
| 12 Irondale 'A' | 50.84 | 54.22 | 2 | | |
| -- Totino-Grace 'A' | 50.12 | DNF | 2 | | |
| -- Champlin Park 'A' | 50.43 | DQ | 2 | | |

Girls 4x200 Meter Relay

| Section 5AA: # 1:40.76 2004 | | | | Mpls Washburn, Mpls Washburn | |
|------------------------------|---------------------------|--------------|----|------------------------------|--|
| 1:43.91 QUAL | | | | | |
| School | Seed | Finals | H# | | |
| 1 Mounds View 'A' | 1:42.74 | 1:43.51 QUAL | 2 | | |
| 1) Belsito, Alyssa 10 | 2) Titterud, Alexandra 11 | | | | |
| 3) Bethke, Kelsey 11 | 4) Toninato, Emily 11 | | | | |
| 5) Pfaffe, Paige 11 | 6) Titterud, Laurisa 10 | | | | |
| 2 Osseo 'A' | 1:43.84 | 1:44.00 | 2 | | |
| 3 Maple Grove 'A' | 1:47.10 | 1:45.59 | 2 | | |
| 4 Anoka 'A' | 1:45.55 | 1:45.68 | 2 | | |
| 5 Irondale 'A' | 1:46.54 | 1:46.24 | 2 | | |
| 6 SpringLkPk/StAnthony 'A' | 1:47.32 | 1:46.40 | 2 | | |
| 7 Champlin Park 'A' | 1:47.75 | 1:50.08 | 2 | | |
| 8 Totino-Grace 'A' | 1:46.45 | 1:51.06 | 2 | | |
| 9 Centennial 'A' | 1:51.56 | 1:51.17 | 1 | | |
| 1) Huston, Megan 12 | 2) Dame, Sarah 9 | | | | |
| 3) Ernster, Maria 12 | 4) Schevenius, Laura 11 | | | | |
| 5) Jech, Natalie 12 | 6) | | | | |
| 10 Park Center 'A' | 1:49.95 | 1:52.70 | 1 | | |
| 11 StMichael-Albertville 'A' | 1:54.30 | 1:52.73 | 1 | | |
| 1) Rooker, Alaina 10 | 2) Gordon, Courtney 9 | | | | |
| 3) Schirmers, Brandy 9 | 4) Mlsna, Nicole 9 | | | | |
| 5) Lavrenz, Emily 9 | 6) Deutsch, Taylor 9 | | | | |
| 12 Rogers 'A' | 1:53.13 | 1:53.56 | 1 | | |
| 13 Coon Rapids 'A' | 1:51.28 | 1:55.92 | 1 | | |
| -- Blaine 'A' | 1:49.11 | DQ | 2 | | |

Girls 4x400 Meter Relay

| Section 5AA: # 3:56.95 5/29/2009 | | | | Mounds View, MoundsView | |
|----------------------------------|------|--------|----|--|--|
| 4:01.04 QUAL | | | | M Shelendich, E Toninato, L Hanson, K Bethke | |
| School | Seed | Finals | H# | | |

| | | | | | |
|----|---------------------------|-------------------------|---------|------|---|
| 1 | Mounds View 'A' | 4:01.86 | 3:58.85 | QUAL | 2 |
| | 1) Titterud, Alexandra 11 | 2) Toninato, Emily 11 | | | |
| | 3) Titterud, Laurisa 10 | 4) Bethke, Kelsey 11 | | | |
| | 5) Pfaffe, Paige 11 | 6) McDaniels, Katie 9 | | | |
| 2 | Totino-Grace 'A' | 3:58.45 | 3:59.23 | QUAL | 2 |
| | 1) Norris, Elisabeth 12 | 2) Dillon, Jennifer 12 | | | |
| | 3) McSherry, Ally 12 | 4) Borgeson, Rebecca 12 | | | |
| | 5) Kindelspire, Emily 12 | 6) Louiselle, Anne 10 | | | |
| 3 | Anoka 'A' | 4:04.24 | 4:04.56 | | 2 |
| 4 | Maple Grove 'A' | 4:05.30 | 4:04.76 | | 2 |
| 5 | SpringLkPk/StAnthony 'A' | 4:18.38 | 4:14.67 | | 1 |
| 6 | Centennial 'A' | 4:14.08 | 4:15.55 | | 2 |
| 7 | Champlin Park 'A' | 4:13.01 | 4:15.64 | | 2 |
| 8 | Coon Rapids 'A' | 4:13.40 | 4:15.72 | | 2 |
| 9 | Rogers 'A' | 4:21.05 | 4:16.38 | | 1 |
| 10 | Osseo 'A' | 4:20.24 | 4:16.97 | | 1 |
| 11 | Blaine 'A' | 4:11.90 | 4:17.15 | | 2 |
| 12 | Irondale 'A' | 4:12.10 | 4:17.17 | | 2 |
| 13 | Fridley 'A' | 4:21.61 | 4:18.46 | | 1 |
| 14 | StMichael-Albertville 'A' | 4:20.50 | 4:22.10 | | 1 |
| 15 | Park Center 'A' | 4:23.51 | 4:34.02 | | 1 |

Girls 4x800 Meter Relay

Section 5AA: # 9:29.24 5/29/2009 Mounds View, MoundsView
 T Warnes, B Knopf, L Hjelm, M Shelendich
 9:30.49 QUAL

| School | Seed | Finals |
|------------------------------|--------------------------|----------|
| 1 Totino-Grace 'A' | 9:40.34 | 9:31.39 |
| 1) McDonald, Taylor 9 | 2) Kindelspire, Emily 12 | |
| 3) Dillon, Jennifer 12 | 4) McSherry, Ally 12 | |
| 5) Ries, Renee 11 | 6) | |
| 2 Mounds View 'A' | 9:41.32 | 9:37.02 |
| 3 Coon Rapids 'A' | 9:54.14 | 9:51.90 |
| 4 Centennial 'A' | 10:05.09 | 9:53.73 |
| 5 Anoka 'A' | 9:56.35 | 9:57.98 |
| 6 SpringLkPk/StAnthony 'A' | 9:57.40 | 9:59.35 |
| 7 Blaine 'A' | 10:05.12 | 10:04.38 |
| 8 Maple Grove 'A' | 10:10.00 | 10:04.62 |
| 9 Irondale 'A' | 10:12.55 | 10:15.58 |
| 10 Champlin Park 'A' | 10:20.19 | 10:25.78 |
| 11 Osseo 'A' | 10:35.24 | 10:36.42 |
| 12 StMichael-Albertville 'A' | 10:50.51 | 11:01.47 |
| 13 Park Center 'A' | 10:24.00 | 11:01.93 |

Girls High Jump

Section 5AA: # 5-09 1996 Gina Curtis, Park Center
 5-04.00 QUAL

| Name | Year School | Seed | Finals |
|--------------------|-----------------|---------|----------|
| 1 Trappen, Lindsay | 10 SpringLkPk/S | 5-02.00 | 5-02.00 |
| 2 Dahly, Ashley | 10 Totino-Grace | 5-02.00 | J5-02.00 |
| 3 Johnson, Jaclyn | 10 Champlin Par | 5-02.00 | 5-00.00 |
| 4 Jones, Bria | 11 SpringLkPk/S | 5-02.00 | J5-00.00 |
| 5 Clarke, Bridget | 11 Coon Rapids | 5-00.00 | J5-00.00 |
| 6 Zimmerman, Ali | 10 Mounds View | 5-04.00 | J5-00.00 |
| 7 Olsen, Kirsten | 9 Blaine | 5-02.00 | 4-10.00 |
| 8 Mcleod, Taylor | 9 Maple Grove | 4-10.00 | J4-10.00 |
| 9 Sherva, Lauren | 9 Anoka | 5-00.00 | J4-10.00 |
| 9 Bennethum, Kylie | 11 Maple Grove | 5-00.00 | J4-10.00 |
| 10 Cady, Samantha | 11 SpringLkPk/S | 5-00.00 | J4-10.00 |
| 10 Miedtke, Katie | 12 Osseo | 5-00.00 | J4-10.00 |
| 10 Mullin, Jenny | 10 Mounds View | 5-02.00 | J4-10.00 |

| | | | |
|----------------------------|-----------------|---------|----------|
| 10 Asp, Annie | 9 Anoka | 4-10.00 | J4-10.00 |
| 15 Schendel, Tana | 10 Mounds View | 5-01.00 | 4-08.00 |
| 15 Jensen, Jerlie | 9 Coon Rapids | 4-08.00 | 4-08.00 |
| 15 Piette, Maria | 9 Centennial | 4-08.00 | 4-08.00 |
| 15 Carroll, Ellyn | 12 Osseo | | 4-08.00 |
| 15 Ighovojah, Wakpor | 9 Coon Rapids | 4-10.00 | 4-08.00 |
| 15 Ordner, Madison | 9 Maple Grove | 5-02.00 | 4-08.00 |
| 15 Zoumanougui, Antionette | 9 Blaine | 4-10.00 | 4-08.00 |
| 15 Kinnunen, Carla | 9 Maple Grove | 4-08.00 | 4-08.00 |
| 15 Hlavka, Courtney | 9 Anoka | 4-10.00 | 4-08.00 |
| 24 Angok, Tina | 11 Columbia Hei | 4-10.00 | 4-06.00 |
| 24 Kilian, Karley | 11 StMichael-Al | 4-10.00 | 4-06.00 |
| 24 Jung, Olivia | 9 Coon Rapids | 4-10.00 | 4-06.00 |
| 24 Alt, Julia | 9 Mounds View | 4-08.00 | 4-06.00 |
| 24 Hooker, Brehana | 12 Park Center | 4-04.00 | 4-06.00 |
| 24 Schoenrock, Emily | 10 Osseo | 4-06.00 | 4-06.00 |
| 24 Rothstein, Carly | 12 StMichael-Al | 4-08.00 | 4-06.00 |
| 24 Blanski, Molly | 11 Totino-Grace | 5-00.00 | 4-06.00 |
| 24 Bestman, Edwina | 10 Park Center | 4-06.00 | 4-06.00 |

Girls Pole Vault

| Section 5AA: # 12-10 2006 | | Alicia Rue, Armstrong | | |
|---------------------------|-----------------|-----------------------|----------|------|
| 10-07.00 QUAL | | | | |
| Name | Year School | Seed | Finals | |
| 1 Kanning, Emma | 10 Irondale | 11-06.00 | 11-07.00 | QUAL |
| 2 Stych, Alex | 11 Mounds View | 11-00.00 | 11-00.00 | QUAL |
| 3 Haas, Breanna | 12 Coon Rapids | 10-06.00 | 10-07.00 | QUAL |
| 4 Zerfas, Camille | 12 Mounds View | 10-00.00 | 10-01.00 | |
| 5 Bair, Maggie | 12 Blaine | 9-07.00 | 9-07.00 | |
| 6 Burton, Katie | 12 Champlin Par | 9-01.00 | J9-07.00 | |
| 7 Iten, Rebecca | 12 Totino-Grace | 9-00.00 | J9-07.00 | |
| 8 Pieper, Sarah | 11 Irondale | 10-00.00 | J9-07.00 | |
| 9 Pream-Anderson, Alicia | 12 Coon Rapids | 9-00.00 | 9-01.00 | |
| 10 Parisian, Shelby | 12 Osseo | | 8-10.00 | |
| 11 Pierson, Linsey | 10 Coon Rapids | 8-06.00 | 8-07.00 | |
| 11 Daniels, Pamela | 12 Totino-Grace | 9-00.00 | 8-07.00 | |
| 11 Clements, Paige | 9 Mounds View | 9-00.00 | 8-07.00 | |
| 11 Jones, Katelyn | 10 Anoka | 8-06.00 | 8-07.00 | |
| 11 Hince, Brianna | 11 Rogers | 8-06.00 | 8-07.00 | |
| 11 Schaeffer, Maddie | 10 Rogers | 8-06.00 | 8-07.00 | |
| 11 Hingos, Steffany | 12 Maple Grove | 8-06.00 | 8-07.00 | |
| 18 Paul, Ellen | 10 Totino-Grace | 8-06.00 | 8-01.00 | |
| 18 Westrum, Stephanie | 11 StMichael-Al | 8-00.00 | 8-01.00 | |
| 18 Hoffman, Amy | 10 SpringLkPk/S | 8-06.00 | 8-01.00 | |
| 18 Clifford, Julia | 10 Blaine | 8-06.00 | 8-01.00 | |
| -- Swanberg, Emily | 11 Irondale | 10-09.00 | | NH |
| -- Johnson, Courtney | 12 Irondale | 8-00.00 | | NH |
| -- Thomsen, Emily | 9 Coon Rapids | 8-00.00 | | NH |
| -- Walker, Sarah | 11 Centennial | 8-01.00 | | NH |
| -- Carstensen, Kayla | 11 Maple Grove | 8-06.00 | | NH |
| -- Eisenbraun, Amber | 11 Anoka | 8-06.00 | | NH |
| -- Whitney, Kirsten | 9 SpringLkPk/S | 9-06.00 | | NH |
| -- Cosgrove, Mary | 10 Anoka | 8-06.00 | | NH |
| -- Sladek, Katie | 11 StMichael-Al | 7-06.00 | | NH |
| -- Deitchler, Abbie | 10 Anoka | 8-06.00 | | NH |
| -- Peterson, Kelsey | 12 Park Center | 7-00.00 | | NH |
| -- Sellberg, Carly | 11 Park Center | 8-00.00 | | NH |
| -- Kornovich, Sarah | 10 Rogers | 8-06.00 | | NH |
| -- Nelson, Nikki | 11 Park Center | 7-00.00 | | NH |
| -- Nalepka, Christine | 12 Fridley | 7-06.00 | | NH |
| -- therrien, Sparky | 12 Park Center | 7-00.00 | | NH |

Girls Long Jump

=====
 Section 5AA: # 18-05.50 1996 Gina Curtis, Park Center
 17-06.00 QUAL

| Name | Year | School | Seed | Finals | Wind |
|----------------------------|------|--------------|----------|---------------|------|
| 1 Omeoga, Akuoma | 12 | Irondale | 17-01.00 | 18-00.50 QUAL | 1.1 |
| 2 Murphey, Nicole | 12 | Blaine | 18-03.50 | 18-00.25 QUAL | 0.6 |
| 3 Dillon, Jennifer | 12 | Totino-Grace | 18-02.00 | 17-06.50 QUAL | 0.8 |
| 4 Davis, Sasha | 11 | Park Center | 16-10.00 | 17-04.50 | 0.9 |
| 5 Johnson, Jaclyn | 10 | Champlin Par | 16-07.75 | 17-03.75 | 1.0 |
| 6 Johnson, Emma | 10 | Coon Rapids | 17-04.00 | 17-00.00 | 0.8 |
| 7 Hill, Melanie | 10 | Champlin Par | 16-11.00 | 16-11.75 | 1.0 |
| 8 Sawtell, Kayla | 12 | Mounds View | 17-02.50 | 16-06.75 | 1.2 |
| 9 DeRoo, Jen | 12 | Anoka | 16-09.50 | 16-05.50 | 0.1 |
| 10 Loth, Morgan | 12 | Champlin Par | 16-07.00 | 16-05.00 | 0.9 |
| 11 Bilderback, Kayla | 11 | Centennial | 16-05.50 | 16-00.00 | 2.1 |
| 12 Mosley, Chrystel | 12 | Blaine | 15-09.00 | 15-11.00 | 1.3 |
| 13 Cady, Samantha | 11 | SpringLkPk/S | 15-05.50 | 15-10.00 | 0.3 |
| 14 Niewald, Hannah | 10 | Fridley | 17-06.00 | 15-08.75 | 0.5 |
| 15 Ighovojah, Wakpor | 9 | Coon Rapids | 15-05.50 | 15-07.75 | 0.3 |
| 16 Mason, Kai | 10 | Mounds View | 16-01.50 | 15-07.50 | 0.4 |
| 17 Leyendecker, Alyssa | 12 | Mounds View | 15-07.00 | 15-06.50 | 1.6 |
| 18 Gebers, Bekkah | 12 | Coon Rapids | 16-05.00 | 15-06.00 | 1.1 |
| 19 Anderson, Julaina | 9 | SpringLkPk/S | 15-02.25 | 15-05.00 | 0.7 |
| 20 Hammer, Jessie | 8 | Rogers | 15-00.00 | 15-00.25 | 1.6 |
| 21 Pieper, Sarah | 11 | Irondale | 15-08.00 | 14-10.50 | 1.1 |
| 22 Toninato, Emily | 11 | Mounds View | 16-04.50 | 14-10.00 | 1.3 |
| 22 Sorensen, Keelie | 12 | Park Center | 14-11.75 | 14-10.00 | 1.8 |
| 24 Korsah, Georgia | 11 | Coon Rapids | 14-08.00 | 14-09.00 | 1.0 |
| 25 Pawlyshyn, Natalie | 9 | SpringLkPk/S | 15-03.50 | 14-08.75 | 1.0 |
| 26 Arogbokun, Olufunmilayo | 10 | Osseo | 14-10.00 | 14-08.25 | 0.3 |
| 27 Pelant, Emily | 11 | StMichael-Al | 14-04.00 | 14-06.00 | 1.4 |
| 28 Bednorz, Katlin | 10 | Anoka | 15-03.00 | 14-05.75 | 0.6 |
| 29 Hlavka, Courtney | 9 | Anoka | 15-01.00 | 14-05.50 | 1.2 |
| 30 Kinnunen, Carla | 9 | Maple Grove | 15-03.00 | 14-04.75 | 0.5 |
| 31 Forbes, Lizzy | 11 | Maple Grove | 15-02.00 | 14-03.50 | 0.3 |
| 32 Lien, Abbie | 7 | Rogers | 15-06.00 | 14-03.25 | 0.7 |
| 33 Messerly-Menk, Britta | 8 | Mounds View | 14-10.00 | 14-02.00 | 0.5 |
| 33 Motzell, Morgan | 11 | Totino-Grace | 15-00.00 | 14-02.00 | 0.9 |
| 33 Walker, Sarah | 11 | Centennial | 14-01.00 | 14-02.00 | 0.9 |
| 33 Hooker, Brehana | 12 | Park Center | 14-00.00 | 14-02.00 | 0.8 |
| 37 Reichert, Emily | 10 | Rogers | 15-11.00 | 14-01.75 | 0.2 |
| 37 Gleckler, Abigail | 9 | Totino-Grace | 15-00.00 | 14-01.75 | 1.4 |
| 37 Kaiser, Kayla | 8 | Maple Grove | 15-00.00 | 14-01.75 | 0.1 |
| 40 Colbert, Aubrey | 10 | Osseo | 14-08.00 | 14-01.00 | 0.8 |
| 41 Alt, Julia | 9 | Mounds View | 13-05.75 | 13-10.75 | 0.6 |
| 42 Justinak, Hayley | 10 | SpringLkPk/S | 13-11.00 | 13-07.75 | 0.9 |
| 43 Carter, Kianna | 10 | Irondale | 15-02.25 | 13-06.50 | 0.2 |
| 44 Lawin, Katherine | 10 | Irondale | 14-04.00 | 13-05.50 | 0.7 |
| 45 Justinak, Sophie | 10 | SpringLkPk/S | 14-05.00 | 13-00.50 | 1.2 |
| 46 Hofford, Erin | 10 | StMichael-Al | 13-04.00 | 12-08.75 | 0.6 |
| 47 Anderson, Laura | 11 | Mounds View | 14-04.00 | 12-07.75 | 0.1 |
| 48 Robinson, Chelsea | 11 | StMichael-Al | 13-06.00 | 12-04.75 | 0.7 |
| 49 Flermoen, Janna | 12 | Columbia Hei | 12-09.00 | 11-05.75 | 1.6 |

Girls Triple Jump

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 Section 5AA: # 37-07.50 2002 Kou Luogon, Park Center
 35-10.00 QUAL

| Name | Year | School | Seed | Finals | Wind |
|-------------------|------|--------------|----------|---------------|------|
| 1 Murphey, Nicole | 12 | Blaine | 35-08.00 | 35-11.25 QUAL | -1.1 |
| 2 Evanson, Olivia | 11 | Maple Grove | 35-05.00 | 35-08.00 | -1.4 |
| 3 Clarke, Bridget | 11 | Coon Rapids | 34-10.75 | 35-01.00 | -0.6 |
| 4 Daugherty, Erin | 12 | Totino-Grace | 35-03.00 | 34-08.75 | -0.3 |

| | | | | | | |
|----|-------------------------|----|--------------|----------|-----------|------|
| 5 | Arogbokun, Olufunmilayo | 10 | Osseo | 34-01.50 | 34-08.25 | -0.5 |
| 6 | Bilderback, Kayla | 11 | Centennial | 34-08.50 | 34-03.00 | -0.9 |
| 7 | Whitney, Kirsten | 9 | SpringLkPk/S | 34-05.75 | 34-02.00 | -0.8 |
| 8 | Zimmerman, Ali | 10 | Mounds View | 30-02.00 | 34-01.25 | -1.8 |
| 9 | Hoover, Sabrina | 11 | Rogers | 33-09.00 | J34-01.25 | 1.7 |
| 10 | Sievers, Katherine | 11 | Champlin Par | 32-06.50 | 33-07.00 | -0.2 |
| 11 | Mason, Kai | 10 | Mounds View | 32-09.25 | 33-03.50 | 0.5 |
| 12 | Abbott, Nicole | 10 | Anoka | 33-03.00 | 33-03.00 | 1.3 |
| 13 | Leyendecker, Alyssa | 12 | Mounds View | 33-01.00 | 33-00.50 | 0.5 |
| 14 | Dukuly, Jamillah | 10 | Champlin Par | 30-10.50 | 32-09.25 | 1.3 |
| 15 | Lauck, Megan | 12 | Mounds View | 33-06.00 | 32-08.50 | 1.3 |
| 16 | Justinak, Sophie | 10 | SpringLkPk/S | 32-03.50 | 32-06.50 | 0.8 |
| 17 | Colbert, Aubrey | 10 | Osseo | 33-04.00 | 32-05.00 | 0.7 |
| 18 | Sherva, Lauren | 9 | Anoka | 31-10.00 | 32-03.75 | 1.8 |
| 19 | Ederer, Katie | 12 | Blaine | 32-11.00 | 32-01.50 | 1.3 |
| 20 | Hlavka, Courtney | 9 | Anoka | 32-01.75 | 32-01.00 | 1.2 |
| 21 | Sorensen, Keelie | 12 | Park Center | 33-09.00 | 31-11.50 | -1.3 |
| 22 | Pawlick, Casie | 9 | Totino-Grace | 34-09.00 | 31-09.50 | -0.2 |
| 22 | Schwint, Carli | 10 | Fridley | 31-04.00 | 31-09.50 | 0.4 |
| 24 | Shaw, Keyanna | 9 | Blaine | 31-05.50 | 31-08.00 | 0.6 |
| 25 | Gebers, Bekkah | 12 | Coon Rapids | 32-03.00 | 31-07.75 | 0.5 |
| 26 | Brown, Kylie | 9 | Park Center | 32-11.00 | 31-06.00 | 1.3 |
| 27 | Pelant, Emily | 11 | StMichael-Al | 33-00.00 | 31-05.25 | 0.9 |
| 28 | Justinak, Hayley | 10 | SpringLkPk/S | 31-07.50 | 30-11.75 | 1.0 |
| 29 | Forbes, Lizzy | 11 | Maple Grove | 29-09.00 | 30-11.50 | 1.8 |
| 30 | Asp, Annie | 9 | Anoka | 33-03.75 | 30-09.50 | 0.5 |
| 31 | Korsah, Georgia | 11 | Coon Rapids | 31-09.00 | 30-09.25 | 0.3 |
| 32 | Beck, Rachel | 10 | Totino-Grace | 31-04.00 | 30-08.75 | 1.1 |
| 33 | Duehn, Rachel | 10 | Fridley | 30-11.00 | 30-07.75 | 0.5 |
| 33 | Anderson, Laura | 11 | Mounds View | 31-02.00 | 30-07.75 | 0.4 |
| 35 | Yantes, Austin | 11 | Rogers | 31-06.00 | 30-07.00 | 1.5 |
| 36 | Alt, Julia | 9 | Mounds View | 29-02.50 | 30-06.25 | 0.8 |
| 37 | Carroll, Ellyn | 12 | Osseo | 32-09.00 | 30-02.25 | 1.1 |
| 38 | Sellberg, Carly | 11 | Park Center | 33-02.00 | 29-10.75 | 1.4 |
| 39 | Crocker, Nicole | 11 | Centennial | 29-11.00 | 29-09.75 | 2.0 |
| 40 | House, Madison | 11 | Maple Grove | 30-07.00 | 29-09.25 | 0.6 |
| 41 | Schleif, Morgan | 10 | Champlin Par | 28-10.75 | 29-06.00 | 1.8 |
| 42 | Autio, Erin | 8 | StMichael-Al | 30-06.25 | 29-04.50 | 1.8 |
| 43 | Anderson, Alyssa | 11 | Centennial | 29-01.50 | 29-01.25 | 1.5 |
| 44 | Schendel, Tana | 10 | Mounds View | 29-07.50 | 28-06.75 | 0.7 |
| 45 | Tosu, Amanda | 11 | Irondale | 29-01.50 | 27-03.25 | 0.4 |
| 46 | Haugan, Ingrid | 12 | Irondale | 29-09.50 | 26-02.25 | 0.3 |
| 47 | Angok, Tina | 11 | Columbia Hei | | 24-08.50 | 0.6 |

Girls Shot Put

| Section 5AA: # 41-10 1995 Rachel Verdell; Vicki Willis, M North; Park | | | | | | |
|---|-------------------------|--------|--------------|----------|----------|-------|
| 38-10.00 QUAL | | | | | | |
| Name | Year | School | Seed | Finals | | |
| 1 | Lesser, Emily | 12 | Maple Grove | 43-02.00 | 43-01.00 | #QUAL |
| 2 | Ford, Emily | 12 | Osseo | 40-05.75 | 39-00.50 | QUAL |
| 3 | Leyendecker, Alyssa | 12 | Mounds View | 41-00.75 | 38-03.75 | |
| 4 | Jergensen, Stephanie | 12 | Blaine | 38-07.00 | 37-06.00 | |
| 5 | Nwaokolo, Amaka | 12 | Champlin Par | 36-05.00 | 37-02.75 | |
| 6 | Ngongang, Vivian | 12 | Centennial | 35-04.00 | 36-03.75 | |
| 7 | Nwaokolo, Nkem | 10 | Champlin Par | 34-09.50 | 36-02.75 | |
| 8 | Gelbmann, Christine | 11 | Mounds View | 35-03.75 | 35-08.00 | |
| 9 | Vinokur, Vicky | 11 | Maple Grove | 36-05.00 | 35-03.00 | |
| 10 | Coffland, Bri | 12 | Anoka | 35-09.00 | 34-07.00 | |
| 11 | Pasiowitz, Courtney | 9 | Coon Rapids | 35-01.00 | 34-05.00 | |
| 11 | Happke, Caitlynn | 11 | Coon Rapids | 35-03.00 | 34-05.00 | |
| 13 | Femister-King, GJillian | 11 | Champlin Par | 35-10.00 | 34-04.50 | |
| 14 | Riggle, Amber | 12 | Osseo | 36-00.00 | 34-04.00 | |
| 15 | Lorge, Ashley | 12 | Anoka | 36-10.00 | 33-06.00 | |

| | | | |
|-------------------------|-----------------|----------|----------|
| 16 Kuntz, Ali | 11 Champlin Par | 34-11.00 | 33-00.75 |
| 16 Krumme, Paige | 12 SpringLkPk/S | 35-09.00 | 33-00.75 |
| 18 Seba, Colleen | 10 Osseo | 35-00.00 | 33-00.00 |
| 19 Kidd, Melissa | 10 SpringLkPk/S | 33-08.00 | 32-11.50 |
| 20 Swenson, Allison | 12 Totino-Grace | 36-09.00 | 32-11.25 |
| 21 Schramm, Kelli | 12 Mounds View | 32-09.75 | 32-04.25 |
| 22 Harney, Simone | 12 Totino-Grace | 32-00.00 | 32-01.00 |
| 23 Ngongang, Tatiania | 10 Centennial | 33-04.00 | 32-00.75 |
| 24 Richter, Kendra | 11 Park Center | 31-00.00 | 32-00.00 |
| 25 Hinnenkamp, Therese | 0 Totino-Grace | 32-05.00 | 31-11.00 |
| 26 Andrews, Julia | 10 Coon Rapids | 33-02.00 | 31-07.00 |
| 27 Hanson, Erin | 10 Centennial | 32-01.50 | 30-11.50 |
| 28 King, Marissa | 11 Blaine | 30-05.00 | 30-04.50 |
| 29 Kath, Renee | 12 Coon Rapids | 33-05.75 | 30-02.50 |
| 30 McCoy, Krissy | 11 StMichael-Al | 31-02.50 | 30-02.25 |
| 31 Dahl, Tori | 12 Anoka | 33-05.00 | 29-09.75 |
| 32 Lanars, Brittany | 12 Champlin Par | 31-05.00 | 29-07.00 |
| 32 Anderson, Dani | 11 Blaine | 31-09.50 | 29-07.00 |
| 34 Hammer, Sonja | 12 Blaine | 31-03.00 | 29-05.25 |
| 35 Okwulehie, Chinyere | 11 Fridley | 31-08.00 | 29-04.00 |
| 36 Ende, Jill | 11 StMichael-Al | 30-01.75 | 28-03.00 |
| 37 Wakeman, Christina | 9 SpringLkPk/S | 30-08.75 | 27-10.50 |
| 38 Dunnigan, Elisha | 11 Irondale | 31-00.00 | 27-08.75 |
| 39 Nathan, Christina | 8 Rogers | 25-08.00 | 26-04.00 |
| 39 Juntunen, Kendra | 11 StMichael-Al | 26-06.00 | 26-04.00 |
| 41 Gellerman, Stephanie | 10 Rogers | 27-03.00 | 26-02.25 |
| 42 Mahdy, Nancy | 11 Fridley | 25-10.00 | 26-02.00 |
| 43 Witte, Maya | 12 Columbia Hei | 26-01.00 | 25-10.00 |
| 44 Burr, Kendra | 10 Rogers | 28-06.00 | 25-03.00 |
| 45 Carson, Jana | 11 Fridley | 26-06.00 | 24-04.00 |
| 46 Britten, Alexi | 8 Columbia Hei | 23-05.50 | 23-01.50 |
| 47 Ogunti, Madia | 7 Park Center | 21-10.00 | 22-03.75 |
| 48 Perez, Shanel | 10 Columbia Hei | 19-00.50 | 20-03.00 |

Girls Discus Throw

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 Section 5AA: # 143-05 2004 Lillian Painter, Cooper
 125-05 QUAL

| Name | Year School | Seed | Finals |
|-------------------------|-----------------|--------|----------------|
| 1 Lesser, Emily | 12 Maple Grove | 127-04 | 127-06.00 QUAL |
| 2 Stoltz, Natalie | 11 Mounds View | 112-09 | 123-10.00 |
| 3 Anderson, Dani | 11 Blaine | 104-10 | 115-10.00 |
| 4 Lauck, Megan | 12 Mounds View | 117-10 | 114-06.00 |
| 5 Fife, Jessica | 12 Osseo | 116-02 | 114-01.00 |
| 6 Richter, Kendra | 11 Park Center | 105-08 | 108-07.00 |
| 7 Nwaokolo, Nkem | 10 Champlin Par | 115-07 | 106-03.00 |
| 8 Kytta, Hayley | 9 Blaine | 113-04 | 105-11.00 |
| 9 Schramm, Kelli | 12 Mounds View | 103-07 | 105-09.00 |
| 10 Vinokur, Vicky | 11 Maple Grove | 115-06 | 101-00.00 |
| 11 Dahl, Tori | 12 Anoka | 100-06 | 99-11.00 |
| 12 Scott, Ty | 12 Champlin Par | 104-09 | 99-06.00 |
| 13 Jergensen, Stephanie | 12 Blaine | 115-06 | 98-06.00 |
| 14 Dunnigan, Elisha | 11 Irondale | 105-04 | 97-05.00 |
| 15 Krumme, Paige | 12 SpringLkPk/S | 110-06 | 95-10.00 |
| 16 Ngongang, Tatiania | 10 Centennial | 103-01 | 95-01.00 |
| 17 Hinnenkamp, Therese | 0 Totino-Grace | 91-09 | 95-00.00 |
| 18 Harney, Simone | 12 Totino-Grace | 108-00 | 93-04.00 |
| 19 Sims, Sharai | 10 Osseo | 99-01 | 93-03.00 |
| 20 Hammer, Sonja | 12 Blaine | 99-00 | 92-10.00 |
| 21 Struck, Sarah | 12 Champlin Par | 96-07 | 92-08.00 |
| 22 Coffland, Bri | 12 Anoka | 93-07 | 89-06.00 |
| 23 Happke, Caitlynn | 11 Coon Rapids | 94-01 | 88-02.00 |
| 24 Pasiowitz, Courtney | 9 Coon Rapids | 90-08 | 88-00.00 |
| 25 Ford, Emily | 12 Osseo | 108-10 | 87-04.00 |

| | | | |
|-------------------------|-----------------|----------|----------|
| 26 Okwulehie, Chinyere | 11 Fridley | 96-00 | 85-06.00 |
| 27 Burr, Kendra | 10 Rogers | 93-06 | 85-04.00 |
| 28 Gelbmann, Christine | 11 Mounds View | 90-08.50 | 84-11.00 |
| 29 Mortiko, Abbie | 12 Totino-Grace | 99-06 | 84-05.00 |
| 30 Kath, Renee | 12 Coon Rapids | 92-04 | 84-01.00 |
| 31 McCoy, Krissy | 11 StMichael-Al | 95-03 | 82-10.00 |
| 32 King, Marissa | 11 Blaine | 89-02 | 82-00.00 |
| 33 Ende, Jill | 11 StMichael-Al | 92-03 | 81-08.00 |
| 34 Lynch, Maria | 9 Centennial | 91-02 | 80-06.00 |
| 35 Jasperse, Kelsey | 10 Champlin Par | 93-07 | 79-07.00 |
| 36 Gellerman, Stephanie | 10 Rogers | 80-06 | 77-01.00 |
| 37 Juntunen, Kendra | 11 StMichael-Al | 86-09 | 76-07.00 |
| 38 Jones, Danielle | 11 Park Center | 80-09 | 74-02.00 |
| 39 Ungemach, Annie | 8 Columbia Hei | 71-07 | 70-03.00 |
| 40 Britten, Alexi | 8 Columbia Hei | 74-08 | 56-06.00 |
| 41 Witte, Maya | 12 Columbia Hei | 53-09 | 52-09.00 |
| 42 Ogunti, Cecelia | 7 Park Center | | 34-11.00 |

Boys 100 Meter Dash

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 Section 5AA: # 10.78 2003 Antwon Simmons, Mpls North
 11.21 QUAL

| Name | Year School | Seed | Prelims | Wind | H# |
|------------------------|-----------------|-------|---------|------|----|
| ===== | | | | | |
| Preliminaries | | | | | |
| 1 Fort-Baker, Kiemonte | 11 Coon Rapids | 11.17 | 11.41Q | NWI | 1 |
| 2 elsnes, Jack | 12 Champlin Par | 11.30 | 11.42Q | NWI | 2 |
| 3 Ellena, Carter | 12 Coon Rapids | 11.46 | 11.48Q | NWI | 6 |
| 4 Krause, Mitch | 11 Mounds View | 11.36 | 11.57Q | NWI | 3 |
| 5 Carpenter, Joe | 11 StMichael-Al | 11.41 | 11.70Q | NWI | 4 |
| 6 Korngor, Karimu | 11 Irondale | 11.45 | 11.71Q | NWI | 5 |
| 7 Wilson, Derek | 12 Blaine | 11.46 | 11.53q | NWI | 6 |
| 8 Fleck, Devon | 11 SpringLkPk/S | 11.52 | 11.58q | NWI | 2 |
| 8 Bonsu, Osei | 12 StMichael-Al | 11.62 | 11.58q | NWI | 1 |
| 10 Roach'e, Devonte | 12 SpringLkPk/S | 11.63 | 11.70 | NWI | 1 |
| 11 Little, Justin | 11 SpringLkPk/S | 11.71 | 11.71 | NWI | 4 |
| 12 Deveaux, Marcel | 11 Blaine | 11.47 | 11.76 | NWI | 5 |
| 13 Togba, Rundell | 12 Osseo | 11.64 | 11.77 | NWI | 2 |
| 14 Ayinde, Kunle | 9 Blaine | 11.68 | 11.81 | NWI | 5 |
| 15 Dixon, Emannual | 11 Maple Grove | 11.50 | 11.81 | NWI | 3 |
| 16 Saylee, Rufus | 9 Park Center | 12.02 | 11.83 | NWI | 2 |
| 17 Emberle, Sean | 11 Mounds View | 11.49 | 11.84 | NWI | 4 |
| 18 Kahnke, Jon-Martin | 11 Maple Grove | 11.80 | 11.90 | NWI | 1 |
| 19 Nah, Smokey | 12 Osseo | 11.84 | 11.91 | NWI | 3 |
| 20 Shannon, Steve | 12 Park Center | 11.74 | 11.91 | NWI | 2 |
| 21 Harper, Jojuan | 11 Columbia Hei | 12.03 | 11.97 | NWI | 3 |
| 22 Koehn, Tommy | 11 Mounds View | 11.67 | 11.99 | NWI | 4 |
| 23 Bugs, ELLIOTT | 10 Park Center | 12.06 | 12.01 | NWI | 5 |
| 24 Wutzke, Alexander | 11 Totino-Grace | 12.18 | 12.03 | NWI | 3 |
| 24 Burke, Nicholas | 9 Totino-Grace | 12.22 | 12.03 | NWI | 2 |
| 26 Wallick, Jack | 9 Maple Grove | 11.83 | 12.05 | NWI | 2 |
| 27 Fleming, Jackie | 11 Champlin Par | 11.71 | 12.08 | NWI | 5 |
| 28 Olson-Anstett, Sam | 12 Mounds View | 11.94 | 12.09 | NWI | 2 |
| 29 Saye, Ericson | 12 Fridley | 11.90 | 12.13 | NWI | 6 |
| 30 Nyabuto, Obadiah | 9 Osseo | 12.24 | 12.13 | NWI | 1 |
| 31 Olyiwola, Josh | 10 Columbia Hei | 12.11 | 12.15 | NWI | 6 |
| 32 Elvig, Josh | 12 Anoka | 11.81 | 12.15 | NWI | 1 |
| 33 Johnson, Demond | 11 Irondale | 11.64 | 12.18 | NWI | 3 |
| 34 Christenson, Dane | 12 Centennial | 11.86 | 12.18 | NWI | 4 |
| 35 Jaeger, Jimmy | 10 Mounds View | 11.94 | 12.20 | NWI | 3 |
| 36 Kantor, Michael | 10 Columbia Hei | 12.09 | 12.22 | NWI | 6 |
| 37 Parker, Kenben | 10 Fridley | 11.95 | 12.22 | NWI | 1 |
| 38 Taft, Joe | 12 Blaine | 11.89 | 12.24 | NWI | 5 |
| 39 Kwia, Peter | 10 Champlin Par | 11.70 | 12.29 | NWI | 6 |
| 40 Williams, Ryan | 11 Rogers | 11.98 | 12.30 | NWI | 1 |

| | | | | | |
|----------------------|-----------------|-------|-------|-----|---|
| 41 Oawster, Matthias | 12 Centennial | 11.94 | 12.36 | NWI | 4 |
| 42 Brisbin, Tyler | 11 Rogers | 12.05 | 12.37 | NWI | 4 |
| 43 Woods, Keith | 11 Rogers | 12.13 | 12.55 | NWI | 5 |
| 44 Trentor, Shane | 12 Totino-Grace | 12.44 | 12.58 | NWI | 3 |
| 45 Hofer, Mike | 9 Totino-Grace | 12.50 | 12.65 | NWI | 4 |
| 46 Longo, Joey | 9 Irondale | 12.14 | 12.69 | NWI | 4 |
| 47 Choi, Sung | 10 Irondale | 11.91 | 12.76 | NWI | 5 |

Boys 100 Meter Dash

Section 5AA: # 10.78 2003 Antwon Simmons, Mpls North
11.21 QUAL

| Name | Year School | Prelims | Finals | Wind |
|------------------------|-----------------|---------|------------|------|
| Finals | | | | |
| 1 Fort-Baker, Kiemonte | 11 Coon Rapids | 11.41 | 11.10 QUAL | 3.8 |
| 2 elsnest, Jack | 12 Champlin Par | 11.42 | 11.12 QUAL | 3.8 |
| 3 Fleck, Devon | 11 SpringLkPk/S | 11.58 | 11.13 QUAL | 3.8 |
| 4 Carpenter, Joe | 11 StMichael-Al | 11.70 | 11.32 | 3.8 |
| 5 Korngor, Karimu | 11 Irondale | 11.71 | 11.33 | 3.8 |
| 6 Wilson, Derek | 12 Blaine | 11.53 | 11.34 | 3.8 |
| 7 Krause, Mitch | 11 Mounds View | 11.57 | 11.35 | 3.8 |
| 8 Ellena, Carter | 12 Coon Rapids | 11.48 | 11.39 | 3.8 |
| 9 Bonsu, Osei | 12 StMichael-Al | 11.58 | 11.41 | 3.8 |

Boys 200 Meter Dash

Section 5AA: # 21.62 2003 Antwon Simmons, Mpls North
22.72 QUAL

| Name | Year School | Seed | Prelims | Wind | H# |
|------------------------|-----------------|-------|-----------|------|----|
| Preliminaries | | | | | |
| 1 Holewa, Trent | 12 Maple Grove | 22.44 | 22.51QUAL | NWI | 2 |
| 2 Mendin, Patrick | 9 Blaine | 22.55 | 22.62QUAL | NWI | 3 |
| 3 Mireri, Jimmy | 12 Fridley | 22.80 | 22.70QUAL | NWI | 4 |
| 4 Schroeder, Matthew | 12 Totino-Grace | 22.43 | 22.71QUAL | NWI | 1 |
| 5 Shaddock, David | 10 SpringLkPk/S | 22.79 | 23.05Q | NWI | 5 |
| 6 Corgwell, Michael | 12 Osseo | 23.29 | 23.01q | NWI | 4 |
| 7 Fort-Baker, Kiemonte | 11 Coon Rapids | 22.62 | 23.26q | NWI | 4 |
| 8 Yochim, Derek | 12 Blaine | 22.85 | 23.27q | NWI | 2 |
| 9 Ellena, Carter | 12 Coon Rapids | 23.21 | 23.39q | NWI | 3 |
| 10 Wilson, Derek | 12 Blaine | 23.12 | 23.45 | NWI | 1 |
| 11 Clemons, Dion | 11 Osseo | 23.21 | 23.56 | NWI | 2 |
| 12 Halstead, Jaerrod | 12 Park Center | 23.61 | 23.66 | NWI | 1 |
| 13 Namoonde, Kaluba | 12 Rogers | 23.12 | 23.71 | NWI | 1 |
| 14 Olateju, Kola | 11 Mounds View | 23.44 | 23.92 | NWI | 3 |
| 15 Miamen, Prince | 10 Osseo | 23.30 | 23.95 | NWI | 5 |
| 16 Ayinde, Kunle | 9 Blaine | 23.43 | 24.08 | NWI | 4 |
| 17 Rusinak, Patrick | 12 Centennial | 23.74 | 24.08 | NWI | 4 |
| 18 Wagner, Bryar | 12 Anoka | 23.41 | 24.11 | NWI | 5 |
| 19 C. Ogbonnaya, K | 10 Irondale | 23.81 | 24.13 | NWI | 5 |
| 20 Bonsu, Osei | 12 StMichael-Al | 23.71 | 24.22 | NWI | 2 |
| 21 Judd, Cory | 11 Fridley | 24.85 | 24.26 | NWI | 1 |
| 22 Jaeger, Jimmy | 10 Mounds View | 24.27 | 24.46 | NWI | 3 |
| 23 Aanerud, Victor | 11 Rogers | 24.89 | 24.48 | NWI | 1 |
| 24 Kruse, James | 9 Irondale | 24.62 | 24.49 | NWI | 5 |
| 25 Olson-Anstett, Sam | 12 Mounds View | 24.40 | 24.64 | NWI | 1 |
| 26 Wallick, Jack | 9 Maple Grove | 23.50 | 24.69 | NWI | 1 |
| 27 Tengben, Paye | 12 Fridley | 23.46 | 24.70 | NWI | 2 |
| 28 Richardson, Ryan | 11 Centennial | 25.04 | 24.71 | NWI | 2 |
| 29 Williams, Shannon | 10 Irondale | 24.47 | 24.78 | NWI | 1 |
| 30 Miranowski, Cody | 10 Anoka | 24.50 | 24.99 | NWI | 2 |
| 31 Thibault, Robert | 10 Totino-Grace | 24.85 | 25.10 | NWI | 2 |
| 32 Williams, Joe | 10 StMichael-Al | 24.62 | 25.13 | NWI | 4 |
| 33 Gould, David | 11 Centennial | 24.71 | 25.26 | NWI | 5 |

| | | | | | | | |
|----|--------------------|----|--------------|-------|-------|-----|---|
| 34 | Yasosky, Brian | 10 | Maple Grove | 23.74 | 25.29 | NWI | 3 |
| 35 | Johnson, Christian | 12 | Anoka | 23.80 | 25.34 | NWI | 5 |
| 36 | Ballard, Jessie | 11 | Park Center | 25.10 | 25.54 | NWI | 3 |
| 37 | Choi, Sung | 10 | Irondale | 24.53 | 25.74 | NWI | 3 |
| 38 | Vang, Johnny | 8 | Columbia Hei | 26.47 | 27.00 | NWI | 4 |
| -- | Kwabi, Kweku | 10 | Champlin Par | 23.86 | FS | NWI | 4 |
| -- | Gbarbea, Darkabolu | 11 | Champlin Par | 22.63 | DNF | NWI | 5 |

Boys 200 Meter Dash

Section 5AA: # 21.62 2003 Antwon Simmons, Mpls North
22.72 QUAL

| Name | Year | School | Prelims | Finals | Wind |
|--------|----------------------|--------|--------------|--------|----------------|
| Finals | | | | | |
| 1 | Holewa, Trent | 12 | Maple Grove | 22.51 | 21.66 QUAL 3.1 |
| 2 | Schroeder, Matthew | 12 | Totino-Grace | 22.71 | 21.80 QUAL 3.1 |
| 3 | Mendin, Patrick | 9 | Blaine | 22.62 | 21.99 QUAL 3.1 |
| 4 | Shaddock, David | 10 | SpringLkPk/S | 23.05 | 22.15 QUAL 3.1 |
| 5 | Fort-Baker, Kiemonte | 11 | Coon Rapids | 23.26 | 22.48 QUAL 3.1 |
| 6 | Corgwell, Michael | 12 | Osseo | 23.01 | 22.56 QUAL 3.1 |
| 7 | Yochim, Derek | 12 | Blaine | 23.27 | 22.74 3.1 |
| 8 | Ellena, Carter | 12 | Coon Rapids | 23.39 | 23.10 3.1 |
| 9 | Mireri, Jimmy | 12 | Fridley | 22.70 | 24.41 3.1 |

Boys 400 Meter Dash

Section 5AA: # 48.50 1984 Richard Harkwell, Totino-Grace
49.73 QUAL

| Name | Year | School | Seed | Prelims | H# |
|---------------|----------------------|--------|--------------|---------|----------|
| Preliminaries | | | | | |
| 1 | Schroeder, Matthew | 12 | Totino-Grace | 49.98 | 50.32Q 2 |
| 2 | Mireri, Jimmy | 12 | Fridley | 50.22 | 50.64Q 3 |
| 3 | Schauer, Jacob | 11 | Totino-Grace | 51.34 | 51.07Q 6 |
| 4 | Whelan, Chris | 12 | Maple Grove | 49.80 | 51.27Q 1 |
| 5 | Zrust, Mike | 11 | Blaine | 50.74 | 51.69Q 4 |
| 6 | Yochim, Derek | 12 | Blaine | 51.10 | 51.84Q 5 |
| 7 | Davies, Phil | 11 | Coon Rapids | 53.34 | 51.38q 6 |
| 8 | Cleveland, Chase | 10 | Rogers | 51.40 | 52.03q 5 |
| 9 | Meyer, Kevin | 11 | Blaine | 51.71 | 52.14q 4 |
| 10 | Hansen, Tom | 11 | Coon Rapids | 51.16 | 52.29 6 |
| 11 | Leonard, Andrew | 11 | Totino-Grace | 52.28 | 52.35 3 |
| 12 | Ambrozich, Chris | 10 | SpringLkPk/S | 52.41 | 52.52 2 |
| 13 | Bayer, JJ | 12 | SpringLkPk/S | 52.94 | 52.73 2 |
| 14 | Stubblefield, Reggie | 11 | StMichael-Al | 52.92 | 52.74 1 |
| 15 | Nyabuto, Obadiah | 9 | Osseo | 53.12 | 52.87 4 |
| 16 | Linguist, Brandon | 10 | Anoka | 52.46 | 52.93 1 |
| 17 | Johnson, Ezekiel | 11 | Irondale | 53.85 | 52.97 1 |
| 18 | Deschaine, David | 11 | Rogers | 53.68 | 53.25 3 |
| 19 | Kallman, Jesse | 11 | Centennial | 53.77 | 53.30 2 |
| 20 | Walden, Derek | 11 | Maple Grove | 53.47 | 53.42 5 |
| 21 | Hoover, Kent | 9 | Rogers | 54.98 | 53.75 2 |
| 22 | Wesley, Michael | 12 | Coon Rapids | 53.84 | 53.85 1 |
| 23 | Ruffcorn, David | 10 | Champlin Par | 55.16 | 53.92 1 |
| 24 | Mustafa, Fares | 11 | Irondale | 53.37 | 53.94 6 |
| 25 | Nagberi, Ebi | 12 | Park Center | 53.28 | 53.96 5 |
| 26 | Ojile, Jacob | 9 | SpringLkPk/S | 54.64 | 53.98 5 |
| 27 | Rodeback, Kyle | 12 | Champlin Par | 53.06 | 54.15 3 |
| 28 | Dassrath, Charles | 10 | SpringLkPk/S | 54.47 | 54.26 4 |
| 29 | Peterson, Ryan | 11 | Centennial | 54.86 | 54.40 5 |
| 30 | Dykes, Zach | 12 | SpringLkPk/S | 53.97 | 54.75 2 |
| 31 | Abdulla, Ali | 12 | Maple Grove | 54.45 | 54.93 3 |
| 32 | Thorsen, Robert | 12 | Columbia Hei | 55.31 | 55.05 2 |
| 33 | Lesner, Colin | 12 | Centennial | 55.84 | 55.16 5 |

| | | | | | | |
|----|---------------------|----|--------------|-------|-------|---|
| 34 | Bodom, Yaw | 12 | Park Center | 55.64 | 55.16 | 6 |
| 35 | Tarpeh, Herbert | 10 | StMichael-Al | 55.32 | 55.36 | 3 |
| 36 | Oba, Fawaz | 9 | Osseo | 54.74 | 55.37 | 6 |
| 37 | Leach, Lance | 12 | Anoka | 55.15 | 55.42 | 1 |
| 38 | Peters, Cole | 9 | Champlin Par | 56.37 | 55.43 | 2 |
| 39 | Hussein, Mamme | 9 | Fridley | 54.90 | 55.44 | 3 |
| 40 | Miller, Cameron | 9 | Totino-Grace | 55.59 | 55.45 | 5 |
| 41 | Richardson, Ryan | 11 | Centennial | 56.94 | 55.50 | 1 |
| 42 | Metzmaker, Steve | 12 | Centennial | 55.74 | 55.77 | 6 |
| 43 | Williams, Shannon | 10 | Irondale | 54.88 | 56.06 | 4 |
| 44 | Viel, Jahi | 9 | Columbia Hei | 55.32 | 56.13 | 4 |
| 45 | Trentor, Shane | 12 | Totino-Grace | 57.12 | 56.61 | 2 |
| 46 | Oribamise, Sam | 12 | Columbia Hei | 56.74 | 56.79 | 1 |
| 47 | Hackman, Matt | 11 | StMichael-Al | 57.34 | 57.66 | 3 |
| 48 | Mosoti, Keith | 10 | Irondale | 55.84 | 58.00 | 4 |
| 49 | Shelton, Andy | 10 | Irondale | 55.89 | 58.71 | 3 |
| -- | Alvarado, Sebastian | 10 | Blaine | 54.82 | DQ | 6 |
| -- | Curtis, Lemaun | 10 | Osseo | 53.64 | DQ | 4 |

Boys 400 Meter Dash

=====
 Section 5AA: # 48.50 1984 Richard Harkwell, Totino-Grace
 49.73 QUAL

| Name | Year | School | Prelims | Finals |
|--------|--------------------|--------|--------------|-------------|
| ===== | | | | |
| Finals | | | | |
| 1 | Schroeder, Matthew | 12 | Totino-Grace | 50.32 49.88 |
| 2 | Mireri, Jimmy | 12 | Fridley | 50.64 50.13 |
| 3 | Whelan, Chris | 12 | Maple Grove | 51.27 50.17 |
| 4 | Schauer, Jacob | 11 | Totino-Grace | 51.07 51.10 |
| 5 | Yochim, Derek | 12 | Blaine | 51.84 51.81 |
| 6 | Cleveland, Chase | 10 | Rogers | 52.03 51.99 |
| 7 | Zrust, Mike | 11 | Blaine | 51.69 52.06 |
| 8 | Meyer, Kevin | 11 | Blaine | 52.14 52.41 |
| 9 | Davies, Phil | 11 | Coon Rapids | 51.38 53.50 |

Boys 800 Meter Run

=====
 Section 5AA: # 1:53.39 5/29/2009 Harun Abda, Fridley
 1:55.98 QUAL

| Name | Year | School | Seed | Prelims |
|---------------|--------------------|--------|--------------|---------------------|
| ===== | | | | |
| Preliminaries | | | | |
| 1 | Gooley, Brian | 12 | Osseo | 1:55.74 1:55.64QUAL |
| 2 | Johanson, Peter | 11 | Anoka | 1:56.23 1:58.74Q |
| 3 | Gilkerson, Mark | 12 | Park Center | 1:56.19 2:00.11Q |
| 4 | Peterson, John | 11 | Irondale | 1:58.78 2:00.46Q |
| 5 | Abdelkhalig, Tarek | 12 | Irondale | 2:00.64 1:58.56Q |
| 6 | Aeshliman, Tony | 12 | Rogers | 1:59.72 1:59.54Q |
| 7 | Kramka, Ben | 10 | Mounds View | 2:02.44 2:00.49Q |
| 8 | Magnuson, David | 12 | Mounds View | 2:01.52 2:00.71Q |
| 9 | Grow, Spencer | 11 | Anoka | 2:00.94 2:00.34q |
| 10 | Iverson, Luke | 11 | Maple Grove | 2:03.94 2:00.38q |
| 11 | Nurie, Mammad | 12 | Blaine | 1:59.89 2:00.83q |
| 12 | Davenport, Tanner | 12 | Blaine | 2:00.98 2:01.48q |
| 13 | Cockriel, Nick | 11 | SpringLkPk/S | 1:59.55 2:01.52 |
| 14 | Abda, Abdulsalam | 12 | Fridley | 2:02.34 2:01.95 |
| 15 | Stangl, Charlie | 12 | Anoka | 2:02.37 2:02.20 |
| 16 | Warnes, Sam | 10 | Mounds View | 2:02.86 2:02.23 |
| 17 | Lewis, Terrence | 12 | Coon Rapids | 2:02.64 2:03.38 |
| 18 | Johantgen, Dustin | 10 | Maple Grove | 2:03.39 2:03.42 |
| 19 | Tilleskjor, Joe | 12 | Centennial | 2:03.50 2:03.91 |
| 20 | Johnson, Zach | 9 | Champlin Par | 2:03.75 2:03.94 |
| 21 | Mujib, Musa | 12 | Park Center | 2:04.10 2:03.98 |
| 22 | Brown, Ryan | 10 | Centennial | 2:04.43 2:04.33 |

| | | | |
|-------------------------|-----------------|---------|---------|
| 23 Hackenmueller, Kevin | 10 StMichael-Al | 2:05.23 | 2:04.40 |
| 24 Rausch, Nathan | 11 Maple Grove | 2:04.04 | 2:04.78 |
| 25 Woldeamanueal, Eyasu | 12 Columbia Hei | 2:05.72 | 2:04.84 |
| 26 Morris, Steve | 12 Coon Rapids | 2:03.64 | 2:05.46 |
| 27 Hart, Thomas | 10 Totino-Grace | 2:06.56 | 2:06.08 |
| 28 Bridell, Ben | 10 StMichael-Al | 2:09.83 | 2:06.17 |
| 29 Woods, Paris | 10 Champlin Par | 2:13.10 | 2:06.48 |
| 30 Richards, Jackson | 9 Totino-Grace | 2:12.45 | 2:07.19 |
| 31 Taverna, Andrew | 12 Osseo | 2:09.84 | 2:07.29 |
| 32 Radecki, Zach | 11 SpringLkPk/S | 2:07.24 | 2:07.50 |
| 33 Bostrom, Derek | 12 Blaine | 2:09.14 | 2:07.53 |
| 34 Herrala, Jeff | 10 Anoka | 2:04.14 | 2:07.54 |
| 35 Schroeder, Jason | 11 Totino-Grace | 2:08.66 | 2:07.55 |
| 36 Limberg, Josh | 10 Blaine | 2:05.13 | 2:07.58 |
| 37 Evanson, Dan | 11 Mounds View | 2:07.60 | 2:07.61 |
| 38 Mapes, Dale | 11 SpringLkPk/S | 2:06.73 | 2:07.65 |
| 39 White, Aaron | 10 Anoka | 2:10.17 | 2:08.99 |
| 40 Novak, Dillion | 12 Champlin Par | 2:08.03 | 2:10.09 |
| 41 Muehler, Dustin | 10 Rogers | 2:10.23 | 2:10.26 |
| 42 O'Neil, Grant | 11 StMichael-Al | 2:09.56 | 2:10.29 |
| 43 Czech, Logan | 10 Anoka | 2:08.34 | 2:11.06 |
| 44 Kretschmer, Jake | 12 Centennial | 2:10.00 | 2:11.34 |
| 45 Moss, Ethan | 10 Park Center | 2:14.60 | 2:11.59 |
| 46 West, Riley | 11 Fridley | 2:09.73 | 2:11.83 |
| 47 Doku, Jorg | 9 Irondale | 2:14.54 | 2:12.81 |
| 48 Johnson, Adam | 11 Osseo | 2:10.34 | 2:13.55 |
| 49 Nauman, Taylor | 12 Totino-Grace | 2:11.34 | 2:14.24 |
| 50 Vossler, Sam | 7 Irondale | 2:14.11 | 2:14.59 |
| 51 Nyemah, Bobby | 10 Fridley | 2:17.05 | 2:17.55 |
| 52 Beard, Joseph | 10 Columbia Hei | | 2:24.51 |

Boys 800 Meter Run

=====
 Section 5AA: # 1:53.39 5/29/2009 Harun Abda, Fridley
 1:55.98 QUAL

| Name | Year School | Prelims | Finals |
|----------------------|----------------|---------|---------|
| ===== | | | |
| Finals | | | |
| 1 Gilkerson, Mark | 12 Park Center | 2:00.11 | 1:58.25 |
| 2 Gooley, Brian | 12 Osseo | 1:55.64 | 1:58.91 |
| 3 Nurie, Mammad | 12 Blaine | 2:00.83 | 1:59.90 |
| 4 Johanson, Peter | 11 Anoka | 1:58.74 | 2:00.80 |
| 5 Aeshliman, Tony | 12 Rogers | 1:59.54 | 2:01.13 |
| 6 Peterson, John | 11 Irondale | 2:00.46 | 2:01.66 |
| 7 Abdelkhalig, Tarek | 12 Irondale | 1:58.56 | 2:01.95 |
| 8 Grow, Spencer | 11 Anoka | 2:00.34 | 2:03.36 |
| 9 Iverson, Luke | 11 Maple Grove | 2:00.38 | 2:03.79 |
| 10 Kramka, Ben | 10 Mounds View | 2:00.49 | 2:03.98 |
| 11 Magnuson, David | 12 Mounds View | 2:00.71 | 2:04.80 |
| 12 Davenport, Tanner | 12 Blaine | 2:01.48 | 2:05.28 |

Boys 1600 Meter Run

=====
 Section 5AA: # 4:08.35 2000 Nick Schneider, Benilde - St. Margaret
 4:17.95 QUAL

| Name | Year School | Seed | Finals |
|--------------------|-----------------|---------|---------|
| ===== | | | |
| 1 Dulian, Blayne | 12 Coon Rapids | 4:16.12 | 4:18.10 |
| 2 Autio, Jake | 12 StMichael-Al | 4:21.90 | 4:18.61 |
| 3 Fenske, Andy | 12 Park Center | 4:18.64 | 4:19.08 |
| 4 Johnson, Alex | 11 Maple Grove | 4:28.60 | 4:31.13 |
| 5 Brintz, Zach | 12 Centennial | 4:31.34 | 4:31.59 |
| 6 Urban, Scott | 11 Blaine | 4:34.00 | 4:33.53 |
| 7 Robeck, Nathan | 12 StMichael-Al | 4:33.65 | 4:34.47 |
| 8 Keller, Jonathon | 9 Centennial | 4:31.58 | 4:34.90 |

| | | | |
|-------------------------|-----------------|---------|---------|
| 9 Hess, Devin | 12 Mounds View | 4:32.82 | 4:35.47 |
| 10 Olson, Tyler | 11 Maple Grove | 4:34.80 | 4:36.64 |
| 11 Nurie, Kadiro | 11 Blaine | 4:36.33 | 4:38.60 |
| 12 Adam, Qutbi | 12 Columbia Hei | 4:41.28 | 4:39.40 |
| 13 Hartmann, Brad | 11 Osseo | 4:37.54 | 4:39.99 |
| 14 Grosse, Nico | 10 Champlin Par | 4:43.36 | 4:40.03 |
| 15 Woldeamanueal, Eyasu | 12 Columbia Hei | 4:42.26 | 4:41.30 |
| 16 Mehrhof, Calvin | 10 Coon Rapids | 4:40.06 | 4:43.12 |
| 17 Hyllested, Wes | 12 Centennial | 4:47.00 | 4:44.37 |
| 18 Sugden, Scott | 11 Centennial | 4:51.01 | 4:44.53 |
| 19 Wicks, Robert | 12 Totino-Grace | 4:41.22 | 4:44.58 |
| 20 Olson, Conner | 7 Maple Grove | 4:42.60 | 4:44.86 |
| 21 Kelly, Joe | 11 Park Center | 4:47.40 | 4:45.35 |
| 22 Croteau, Kevin | 12 Anoka | 4:42.90 | 4:46.72 |
| 23 Kahat, David | 11 Mounds View | 4:45.52 | 4:48.94 |
| 24 Duale, Saleban | 10 Coon Rapids | 4:38.84 | 4:49.04 |
| 25 Lawson, Chris | 10 SpringLkPk/S | 4:46.24 | 4:49.69 |
| 26 Dahl, Jeremy | 10 Mounds View | 4:44.22 | 4:50.46 |
| 27 Kilburg, Brian | 12 Mounds View | 4:52.49 | 4:51.14 |
| 28 Czech, Logan | 10 Anoka | 4:53.51 | 4:51.40 |
| 29 Benti, Surra | 12 Irondale | 4:37.04 | 4:51.82 |
| 30 Greenstein, Michael | 10 Totino-Grace | 4:59.23 | 4:52.96 |
| 31 Sage, Brendan | 9 StMichael-Al | 4:53.61 | 4:53.30 |
| 32 Mason, Jake | 12 Osseo | 4:35.54 | 4:53.71 |
| 33 Opdahl, Mitch | 11 SpringLkPk/S | 4:56.24 | 4:55.57 |
| 34 Hagen, Aj | 11 Totino-Grace | 5:02.56 | 4:56.34 |
| 35 Madsen, Chris | 9 Park Center | 4:51.80 | 4:56.69 |
| 36 White, Aaron | 10 Anoka | 4:57.73 | 4:57.44 |
| 37 Johnson, Adam | 11 Osseo | 5:59.74 | 4:58.10 |
| 38 Sjostrom, Brett | 10 Champlin Par | 4:57.86 | 4:59.20 |
| 39 Schuler, Daniel | 11 Rogers | 4:58.36 | 5:00.81 |
| 40 Rotich, Kevin | 12 Park Center | 5:04.80 | 5:02.91 |
| 41 Muehler, Dustin | 10 Rogers | 5:08.36 | 5:02.92 |
| 42 Bashir, Adeed | 9 Fridley | 5:09.19 | 5:06.12 |
| 43 Carlsen, Adam | 12 Irondale | 5:06.74 | 5:06.46 |
| 44 Scott, TJ | 10 Rogers | 5:07.54 | 5:08.44 |
| 45 Parent, Reed | 8 Rogers | 5:10.23 | 5:08.63 |
| 46 Nguyen, Tin | 11 Totino-Grace | 5:06.33 | 5:10.82 |
| 47 Britven, Joseph | 10 Fridley | 5:01.12 | 5:11.81 |
| 48 Adelsman, Bjorn | 9 Irondale | 5:17.84 | 5:17.89 |
| 49 Beard, Joseph | 10 Columbia Hei | 5:26.85 | 5:22.93 |
| 50 Curry, Chris | 11 Irondale | 5:07.24 | 5:24.16 |
| 51 Gilbert, Jonah | 10 Irondale | 5:18.03 | 5:32.89 |

Boys 3200 Meter Run

Section 5AA: # 9:01.00 2000 Nick Schneider, Benilde - St. Margaret
9:21.25 QUAL

| Name | Year School | Seed | Finals |
|-------------------|-----------------|----------|----------|
| 1 Autio, Jake | 12 StMichael-Al | 9:41.65 | 9:27.21 |
| 2 Fenske, Andy | 12 Park Center | 9:24.85 | 9:29.44 |
| 3 Braun, Adam | 12 Totino-Grace | 9:57.89 | 9:38.87 |
| 4 Roozen, Zach | 10 Mounds View | 9:41.39 | 9:40.27 |
| 5 Woetzel, Austin | 11 Blaine | 9:47.37 | 9:41.03 |
| 6 Hess, Devin | 12 Mounds View | 9:42.87 | 9:41.33 |
| 7 Dado, Steven | 11 Totino-Grace | 9:36.05 | 9:44.06 |
| 8 Olson, Tyler | 11 Maple Grove | 10:07.91 | 9:51.40 |
| 9 LeClaire, Caleb | 10 Rogers | 10:03.15 | 9:53.39 |
| 10 Adam, Qutbi | 12 Columbia Hei | 10:08.03 | 9:54.50 |
| 11 Brintz, Zach | 12 Centennial | 10:03.32 | 9:56.88 |
| 12 Hartmann, Brad | 11 Osseo | 9:58.26 | 9:58.12 |
| 13 Robeck, Nathan | 12 StMichael-Al | 9:56.59 | 10:00.50 |
| 14 Urban, Scott | 11 Blaine | 10:05.03 | 10:01.40 |
| 15 Nurie, Kadiro | 11 Blaine | 10:15.34 | 10:07.10 |

| | | | |
|-------------------------|-----------------|----------|----------|
| 16 Olson, Conner | 7 Maple Grove | 10:28.47 | 10:09.06 |
| 17 Greenstein, Michael | 10 Totino-Grace | 10:28.78 | 10:10.76 |
| 18 Lawson, Chris | 10 SpringLkPk/S | 10:14.48 | 10:12.30 |
| 19 Kennedy, David | 11 Coon Rapids | 9:50.23 | 10:12.81 |
| 20 Mueggenberg, Matthew | 12 Coon Rapids | | 10:16.84 |
| 21 Pearson, Travis | 12 Anoka | 10:20.13 | 10:19.52 |
| 22 Evenson, Anders | 10 Osseo | 10:12.93 | 10:20.48 |
| 23 Kahat, David | 11 Mounds View | 10:17.57 | 10:22.50 |
| 24 Croteau, Kevin | 12 Anoka | 10:19.50 | 10:23.01 |
| 25 Dahl, Jeremy | 10 Mounds View | 10:40.25 | 10:27.53 |
| 26 Floeder, Bernie | 10 Mounds View | 10:17.07 | 10:29.54 |
| 27 Hussien, Sadik | 11 Fridley | 10:55.27 | 10:32.96 |
| 28 Coughlin, Daniel | 12 Coon Rapids | 10:24.00 | 10:34.43 |
| 29 Rivet, Jordan | 12 Mounds View | 9:56.92 | 10:36.86 |
| 30 Schuler, Daniel | 11 Rogers | 10:32.05 | 10:37.29 |
| 31 Rose, JP | 12 Champlin Par | 10:10.10 | 10:37.71 |
| 32 Kutina, Christian | 10 Anoka | 10:22.29 | 10:39.52 |
| 33 Sugden, Scott | 11 Centennial | 10:53.03 | 10:41.88 |
| 34 Longen, Matt | 10 Centennial | 10:43.28 | 10:42.57 |
| 35 Stocker, Luke | 12 Coon Rapids | 10:49.44 | 10:44.50 |
| 36 Kilburg, Brian | 12 Mounds View | 11:04.34 | 10:46.43 |
| 37 Slattery, Justin | 10 Osseo | 10:53.87 | 10:47.32 |
| 38 Kelly, Joe | 11 Park Center | 10:30.00 | 10:48.47 |
| 39 Stec, Tony | 11 Maple Grove | 10:42.60 | 10:49.45 |
| 40 Carlsen, Adam | 12 Irondale | 10:47.44 | 10:52.36 |
| 41 Opdahl, Mitch | 11 SpringLkPk/S | 10:37.06 | 11:03.70 |
| 42 Hagen, Aj | 11 Totino-Grace | 11:18.87 | 11:07.20 |
| 43 Heimark, Drew | 10 Park Center | 11:23.00 | 11:07.72 |
| 44 Revering, Robert | 12 Blaine | 10:56.78 | 11:08.90 |
| 45 Eiyneck, Matt | 10 StMichael-Al | 11:07.30 | 11:11.49 |
| 46 Kincannon, Sam | 12 Rogers | 10:54.68 | 11:12.61 |
| 47 Omer, Ture | 12 Park Center | 11:18.00 | 11:14.11 |
| 48 Britven, Joseph | 10 Fridley | 10:48.89 | 11:24.13 |
| 49 Hussein, Abdullahi | 9 Fridley | 11:20.35 | 11:31.52 |
| 50 Cich, Adam | 10 Irondale | 11:51.54 | 11:51.07 |
| 51 Schultz, Karl | 11 Irondale | 11:45.54 | 11:53.87 |

Boys 110 Meter Hurdles

=====
 Section 5AA: # 14.50 1977 Kary Bowser, Mpls Roosevelt
 15.36 QUAL

| Name | Year School | Seed | Prelims | Wind | H# |
|----------------------|-----------------|-------|---------|------|----|
| ===== | | | | | |
| Preliminaries | | | | | |
| 1 Rice, Mark | 12 Maple Grove | 15.09 | 15.41Q | NWI | 1 |
| 2 Ojika, Ben | 9 Irondale | 15.75 | 15.67Q | NWI | 5 |
| 3 Haynie, Antonio | 11 SpringLkPk/S | 15.93 | 15.82Q | NWI | 4 |
| 4 Ackermann, David | 12 Blaine | 15.55 | 15.84Q | NWI | 3 |
| 5 Wolfe, Jesse | 10 Centennial | 16.09 | 16.01Q | NWI | 2 |
| 6 Grenup, Julian | 11 Fridley | 16.42 | 15.91q | NWI | 4 |
| 7 Mikulik, Denis | 12 Mounds View | 15.73 | 16.04q | NWI | 5 |
| 8 Frisbie, Michael | 10 Totino-Grace | 15.67 | 16.10q | NWI | 4 |
| 9 Alexander, Jay | 10 Champlin Par | 16.23 | 16.21q | NWI | 1 |
| 10 Courtright, Aaron | 12 Blaine | 15.39 | 16.23 | NWI | 2 |
| 11 Cleveland, Phil | 11 Champlin Par | 16.08 | 16.61 | NWI | 3 |
| 12 Diggs, Lamont | 12 Fridley | 16.36 | 16.65 | NWI | 3 |
| 13 Theus, Shaquille | 10 Coon Rapids | 16.44 | 16.81 | NWI | 5 |
| 14 Bixler, Pat | 10 SpringLkPk/S | 17.16 | 16.91 | NWI | 5 |
| 15 Greenberg, Nolan | 11 Anoka | 16.78 | 16.93 | NWI | 2 |
| 16 Togba, Rundell | 12 Osseo | 16.80 | 16.94 | NWI | 1 |
| 17 Copeland, Dajuan | 9 Blaine | 16.47 | 17.05 | NWI | 5 |
| 18 Kaba, Ibrahim | 10 Champlin Par | 16.34 | 17.08 | NWI | 2 |
| 19 Larson, Ben | 11 Mounds View | 16.21 | 17.18 | NWI | 1 |
| 20 Zyskowski, Ryan | 11 Maple Grove | 17.23 | 17.21 | NWI | 4 |
| 21 Arrington, Brad | 11 Rogers | 16.98 | 17.32 | NWI | 4 |

| | | | | | |
|---------------------|-----------------|-------|-------|-----|---|
| 22 Kleba, Jon | 11 Coon Rapids | 16.74 | 17.34 | NWI | 3 |
| 23 Colgrove, Dallin | 11 StMichael-Al | 17.77 | 17.41 | NWI | 1 |
| 24 Houfek, Brad | 10 Irondale | 16.94 | 17.46 | NWI | 3 |
| 25 Lor, Feng | 12 Fridley | 16.91 | 17.81 | NWI | 2 |
| 26 Rierison, Andrew | 11 Coon Rapids | 17.34 | 17.83 | NWI | 2 |
| 27 Kelly, Tim | 10 Osseo | 18.14 | 18.18 | NWI | 3 |
| 28 Zaiger, Baxter | 10 StMichael-Al | 18.20 | 18.66 | NWI | 5 |
| 29 Anderson, Chet | 11 Anoka | 18.12 | 18.79 | NWI | 2 |
| 30 Kruse, James | 9 Irondale | 17.54 | 18.88 | NWI | 1 |
| 31 Parrill, Chris | 12 Irondale | 18.23 | 19.00 | NWI | 5 |
| 32 Erding, Tyler | 10 Centennial | 16.69 | 19.90 | NWI | 4 |
| -- Wagner, Alex | 10 Totino-Grace | 17.26 | FS | NWI | 3 |
| -- Thai, Mike | 12 Blaine | 17.21 | DQ | NWI | 5 |

Boys 110 Meter Hurdles

=====
 Section 5AA: # 14.50 1977 Kary Bowser, Mpls Roosevelt
 15.36 QUAL

| Name | Year School | Prelims | Finals | Wind |
|--------------------|-----------------|---------|------------|------|
| ===== | | | | |
| Finals | | | | |
| 1 Rice, Mark | 12 Maple Grove | 15.41 | 15.13 QUAL | 3.3 |
| 2 Ackermann, David | 12 Blaine | 15.84 | 15.29 QUAL | 3.3 |
| 3 Frisbie, Michael | 10 Totino-Grace | 16.10 | 15.49 | 3.3 |
| 4 Wolfe, Jesse | 10 Centennial | 16.01 | 15.66 | 3.3 |
| 5 Alexander, Jay | 10 Champlin Par | 16.21 | 15.72 | 3.3 |
| 6 Mikulik, Denis | 12 Mounds View | 16.04 | 15.73 | 3.3 |
| 7 Greenup, Julian | 11 Fridley | 15.91 | 16.68 | 3.3 |
| -- Ojika, Ben | 9 Irondale | 15.67 | DQ | 3.3 |

Boys 300 Meter Hurdles

=====
 Section 5AA: # 37.80 5/29/2009 Snonsio Boys-Weah, ParkCenter
 39.80 QUAL

| Name | Year School | Seed | Prelims | H# |
|---------------------|-----------------|-------|---------|----|
| ===== | | | | |
| Preliminaries | | | | |
| 1 Courtright, Aaron | 12 Blaine | 38.95 | 39.81Q | 1 |
| 2 Rice, Mark | 12 Maple Grove | 40.49 | 40.23Q | 4 |
| 3 Rader, Chris | 12 Coon Rapids | 40.92 | 40.47Q | 6 |
| 4 Parrill, Chris | 12 Irondale | 41.05 | 41.34Q | 5 |
| 5 Haynie, Antonio | 11 SpringLkPk/S | 40.48 | 41.37Q | 3 |
| 6 Diggs, Lamont | 12 Fridley | 40.32 | 41.53Q | 2 |
| 7 Mueller, Marty | 12 StMichael-Al | 42.62 | 40.99q | 4 |
| 8 Frisbie, Michael | 10 Totino-Grace | 40.67 | 41.51q | 5 |
| 9 Rierison, Andrew | 11 Coon Rapids | 41.94 | 41.53q | 1 |
| 10 Wolfe, Jesse | 10 Centennial | 42.13 | 41.63 | 5 |
| 11 Alexander, Jay | 10 Champlin Par | 41.78 | 41.85 | 2 |
| 12 Mikulik, Denis | 12 Mounds View | 41.00 | 42.09 | 6 |
| 13 Ito, Tyler | 12 Mounds View | 42.05 | 42.19 | 4 |
| 14 Greenup, Julian | 11 Fridley | 41.43 | 42.21 | 4 |
| 15 Wiagbe, Gus | 11 Osseo | 41.72 | 42.21 | 3 |
| 16 Ojika, Ben | 9 Irondale | 41.91 | 42.25 | 1 |
| 17 Greenberg, Nolan | 11 Anoka | 43.67 | 42.32 | 6 |
| 18 Theus, Shaquille | 10 Coon Rapids | 42.14 | 42.42 | 6 |
| 19 Wagner, Alex | 10 Totino-Grace | 42.00 | 42.74 | 2 |
| 20 Namoonde, Kaluba | 12 Rogers | 42.02 | 43.30 | 3 |
| 21 Erding, Tyler | 10 Centennial | 42.24 | 43.33 | 6 |
| 22 Zyskowski, Ryan | 11 Maple Grove | 43.96 | 43.40 | 5 |
| 23 Dircks, Austin | 10 Mounds View | 43.02 | 43.45 | 1 |
| 24 Thai, Mike | 12 Blaine | 43.16 | 44.08 | 4 |
| 25 Kaba, Ibrahim | 10 Champlin Par | 43.09 | 44.13 | 2 |
| 26 Davis, Josh | 11 Centennial | 44.24 | 44.18 | 2 |
| 27 Ackermann, David | 12 Blaine | 42.71 | 44.19 | 3 |
| 28 Braaten, Alex | 12 Maple Grove | 46.23 | 44.53 | 6 |

| | | | | | | |
|----|---------------------|----|--------------|-------|-------|---|
| 29 | Cleveland, Phil | 11 | Champlin Par | 43.06 | 44.62 | 1 |
| 30 | Kelly, Tim | 10 | Osseo | 43.83 | 44.91 | 6 |
| 31 | Trippell, Braden | 10 | Coon Rapids | 44.14 | 44.93 | 4 |
| 32 | Wakefield, Chris | 9 | SpringLkPk/S | 44.64 | 45.09 | 1 |
| 33 | Schroer, Sam | 12 | Anoka | 42.54 | 45.27 | 5 |
| 34 | Copeland, Dajuan | 9 | Blaine | 44.38 | 45.44 | 1 |
| 35 | Struwve, Tim | 11 | Anoka | 45.70 | 45.72 | 3 |
| 36 | Colgrove, Dallin | 11 | StMichael-Al | 44.99 | 45.74 | 2 |
| 37 | Zaiger, Baxter | 10 | StMichael-Al | 46.82 | 46.05 | 3 |
| 38 | Houfek, Brad | 10 | Irondale | 43.35 | 46.71 | 5 |
| 39 | Jackson, Brad | 12 | Park Center | 46.23 | 47.32 | 5 |
| 40 | Lor, Veng | 11 | Fridley | 45.72 | 47.74 | 4 |
| 41 | Follestad, Andrew | 9 | StMichael-Al | 46.24 | 48.77 | 5 |
| 42 | Patel, Kunj | 9 | Irondale | 47.46 | 48.99 | 2 |
| 43 | Khan, Manzoor | 12 | Irondale | 46.56 | 49.15 | 4 |
| 44 | Cooper, Dan | 11 | Columbia Hei | 46.24 | 49.66 | 6 |
| 45 | Vang, Johnny | 8 | Columbia Hei | 50.23 | 52.01 | 1 |
| -- | Jacox-Mann, Arrnytt | 10 | Osseo | 42.94 | DNF | 2 |

Boys 300 Meter Hurdles

=====
 Section 5AA: # 37.80 5/29/2009 Snonsio Boys-Weah, ParkCenter
 39.80 QUAL

| Name | Year | School | Prelims | Finals | | |
|--------|------|-------------------|---------|--------------|-------|-------|
| ===== | | | | | | |
| Finals | | | | | | |
| 1 | | Courtright, Aaron | 12 | Blaine | 39.81 | 39.82 |
| 2 | | Rice, Mark | 12 | Maple Grove | 40.23 | 40.31 |
| 3 | | Rader, Chris | 12 | Coon Rapids | 40.47 | 41.41 |
| 4 | | Frisbie, Michael | 10 | Totino-Grace | 41.51 | 41.50 |
| 5 | | Parrill, Chris | 12 | Irondale | 41.34 | 41.66 |
| 6 | | Rierson, Andrew | 11 | Coon Rapids | 41.53 | 42.14 |
| 7 | | Diggs, Lamont | 12 | Fridley | 41.53 | 43.00 |
| 8 | | Mueller, Marty | 12 | StMichael-Al | 40.99 | 43.26 |

Boys 4x100 Meter Relay

=====
 Section 5AA: # 42.38 5/29/2008 Osseo, Osseo
 43.35 QUAL

| School | Seed | Finals | H# | |
|--------|---------------------------|-----------------------|------------|---|
| ===== | | | | |
| 1 | SpringLkPk/StAnthony 'A' | 44.37 | 43.31 QUAL | 2 |
| | 1) Roach'e, Devonte 12 | 2) Little, Justin 11 | | |
| | 3) Fleck, Devon 11 | 4) Shaddock, David 10 | | |
| | 5) Dykes, Zach 12 | 6) | | |
| 2 | Blaine 'A' | 43.66 | 43.46 | 2 |
| 3 | Mounds View 'A' | 43.29 | 43.56 | 2 |
| 4 | Irondale 'A' | 44.03 | 43.89 | 2 |
| 5 | Osseo 'A' | 43.69 | 44.18 | 2 |
| 6 | Maple Grove 'A' | 43.50 | 44.47 | 2 |
| 7 | StMichael-Albertville 'A' | 44.70 | 44.85 | 2 |
| 8 | Fridley 'A' | 45.22 | 45.40 | 1 |
| 9 | Park Center 'A' | 45.48 | 45.49 | 1 |
| 10 | Totino-Grace 'A' | 45.34 | 45.50 | 1 |
| 11 | Coon Rapids 'A' | 45.54 | 45.98 | 1 |
| 12 | Champlin Park 'A' | 44.02 | 46.31 | 2 |
| 13 | Columbia Heights 'A' | 47.05 | 46.75 | 1 |
| 14 | Anoka 'A' | 45.70 | 46.78 | 1 |
| 15 | Centennial 'A' | 44.12 | 46.82 | 2 |
| 16 | Rogers 'A' | 46.78 | 47.32 | 1 |

Boys 4x200 Meter Relay

=====
 Section 5AA: # 1:28.36 2006 Robbinsdale Armstrong, Armstrong
 A Hawkins, D Gilmer, K Henderson, J Carlson

1:30.11 QUAL

| School | Seed | Finals | H# |
|-----------------------------|-----------------------|---------|----|
| 1 Blaine 'A' | 1:30.88 | 1:30.51 | 2 |
| 1) Mendin, Patrick 9 | 2) Yochim, Derek 12 | | |
| 3) Kline, Eric 11 | 4) Zrust, Mike 11 | | |
| 5) Ayinde, Kunle 9 | 6) Mortenson, Nate 11 | | |
| 2 Coon Rapids 'A' | 1:32.43 | 1:30.76 | 2 |
| 3 SpringLkPk/StAnthony 'A' | 1:31.68 | 1:30.84 | 2 |
| 4 Champlin Park 'A' | 1:35.28 | 1:33.41 | 1 |
| 5 Park Center 'A' | 1:34.95 | 1:33.72 | 2 |
| 6 Mounds View 'A' | 1:33.30 | 1:34.70 | 2 |
| 7 Centennial 'A' | 1:35.37 | 1:34.78 | 1 |
| 8 Irondale 'A' | 1:34.23 | 1:35.15 | 2 |
| 9 StMichael-Albertville 'A' | 1:35.81 | 1:35.26 | 1 |
| 10 Rogers 'A' | 1:36.52 | 1:35.30 | 1 |
| 11 Anoka 'A' | 1:35.61 | 1:36.80 | 1 |
| 12 Totino-Grace 'A' | 1:34.11 | 1:37.24 | 2 |
| -- Maple Grove 'A' | 1:32.50 | DQ | 2 |
| -- Osseo 'A' | 1:30.85 | DQ | 2 |

Boys 4x400 Meter Relay

Section 5AA: # 3:21.19 2006 Robbinsdale Cooper, Cooper
 K Washington, L Cheneyon, R McDonald, T Bucholz
 3:24.54 QUAL

| School | Seed | Finals | H# |
|------------------------------|-------------------------|--------------|----|
| 1 Maple Grove 'A' | 3:24.48 | 3:22.24 QUAL | 2 |
| 1) Rice, Mark 12 | 2) Whelan, Chris 12 | | |
| 3) Walden, Derek 11 | 4) Holewa, Trent 12 | | |
| 5) Abdulla, Ali 12 | 6) Iverson, Luke 11 | | |
| 2 Blaine 'A' | 3:25.11 | 3:23.85 QUAL | 2 |
| 1) Courtright, Aaron 12 | 2) Zrust, Mike 11 | | |
| 3) Meyer, Kevin 11 | 4) Kremer, Daniel 11 | | |
| 5) Nurie, Mammad 12 | 6) Davenport, Tanner 12 | | |
| 3 Totino-Grace 'A' | 3:25.34 | 3:27.00 | 2 |
| 4 Osseo 'A' | 3:28.64 | 3:27.57 | 2 |
| 5 Coon Rapids 'A' | 3:28.82 | 3:29.02 | 2 |
| 6 SpringLkPk/StAnthony 'A' | 3:31.00 | 3:32.74 | 2 |
| 7 Mounds View 'A' | 3:33.97 | 3:33.07 | 1 |
| 8 Champlin Park 'A' | 3:38.86 | 3:33.17 | 1 |
| 9 Park Center 'A' | 3:41.09 | 3:33.19 | 1 |
| 10 StMichael-Albertville 'A' | 3:33.24 | 3:33.39 | 1 |
| 11 Anoka 'A' | 3:30.17 | 3:34.16 | 2 |
| 12 Rogers 'A' | 3:33.26 | 3:34.21 | 1 |
| 13 Fridley 'A' | 3:28.65 | 3:35.39 | 2 |
| 14 Centennial 'A' | 3:37.79 | 3:42.26 | 1 |
| 15 Irondale 'A' | 3:31.34 | 3:43.40 | 2 |
| 16 Columbia Heights 'A' | 3:40.27 | 3:44.28 | 1 |

Boys 4x800 Meter Relay

Section 5AA: # 7:59.68 2006 Robbinsdale Armstrong, Armstrong
 C Lapham, C Marshall, E Wakai, B Lewis
 7:58.57 QUAL

| School | Seed | Finals |
|-------------------------|-----------------------|--------------|
| 1 Blaine 'A' | 7:55.09 | 7:56.56#QUAL |
| 1) Davenport, Tanner 12 | 2) Woetzel, Austin 11 | |
| 3) Nurie, Mammad 12 | 4) Kremer, Daniel 11 | |
| 5) Lamkin, Josh 9 | 6) | |
| 2 Osseo 'A' | 7:58.86 | 8:02.07 |
| 3 Irondale 'A' | 8:04.33 | 8:13.02 |
| 4 Totino-Grace 'A' | 8:06.67 | 8:16.76 |

| | | |
|------------------------------|---------|---------|
| 5 Rogers 'A' | 8:16.76 | 8:20.09 |
| 6 Anoka 'A' | 8:11.71 | 8:20.82 |
| 7 Mounds View 'A' | 8:14.54 | 8:22.20 |
| 8 Centennial 'A' | 8:18.94 | 8:23.16 |
| 9 Coon Rapids 'A' | 8:24.84 | 8:30.97 |
| 10 Champlin Park 'A' | 8:25.94 | 8:36.11 |
| 11 StMichael-Albertville 'A' | 8:30.65 | 8:49.45 |
| 12 Park Center 'A' | 8:54.00 | 8:59.89 |
| -- Maple Grove 'A' | 8:15.10 | DNF |

Boys High Jump

| Section 5AA: # 6-10.50 1995 Marcus Westberry, Mpls Washburn | | | | |
|---|------|--------------|---------|---------------|
| 6-05.00 QUAL | | | | |
| Name | Year | School | Seed | Finals |
| 1 Carpenter, Joe | 11 | StMichael-Al | 6-09.00 | 6-07.00 QUAL |
| 2 Schaaf, Darik | 11 | Coon Rapids | 6-07.00 | 6-05.00 QUAL |
| 3 Hastings, Matt | 12 | Anoka | 6-00.00 | J6-05.00 QUAL |
| 4 Chretien, Brandon | 12 | StMichael-Al | 6-04.00 | J6-05.00 QUAL |
| 5 Mbali, Alex | 11 | Maple Grove | 6-09.00 | J6-05.00 QUAL |
| 6 Sonnefeld, Joe | 11 | Osseo | 6-00.00 | 6-01.00 |
| 7 Ojika, Ben | 9 | Irondale | 6-02.00 | J6-01.00 |
| 7 Ayinde, Kunle | 9 | Blaine | 6-04.00 | J6-01.00 |
| 9 Sprang, Derek | 11 | Irondale | 5-10.00 | 5-11.00 |
| 10 Sharber-Pikula, Jake | 12 | Coon Rapids | 6-03.00 | J5-11.00 |
| 11 Huhne, Tyler | 12 | Blaine | 6-00.00 | 5-09.00 |
| 11 Grow, Spencer | 11 | Anoka | 5-10.00 | 5-09.00 |
| 11 Morawczynski, Thomas | 12 | Totino-Grace | 6-00.00 | 5-09.00 |
| 11 Bishop, Tyler | 10 | Maple Grove | 6-00.00 | 5-09.00 |
| 11 Paulus, John | 12 | Maple Grove | 6-00.00 | 5-09.00 |
| 11 Bixler, Pat | 10 | SpringLkPk/S | 5-08.00 | 5-09.00 |
| 17 Dowdy, Torren | 12 | Coon Rapids | 6-02.00 | 5-07.00 |
| 17 Mckeon, Adam | 12 | Champlin Par | 5-10.00 | 5-07.00 |
| 17 Nolen, Trevaour | 12 | Champlin Par | 6-00.00 | 5-07.00 |
| 17 Wyman, Zachary | 12 | Totino-Grace | 5-08.00 | 5-07.00 |
| 17 Linquist, Brandon | 10 | Anoka | 5-08.00 | 5-07.00 |
| 17 Heglund, Tyler | 10 | Centennial | 5-08.00 | 5-07.00 |
| 17 Wieneke, Jake | 9 | Maple Grove | 6-02.00 | 5-07.00 |
| 17 Limberg, Josh | 10 | Blaine | 5-08.00 | 5-07.00 |
| 17 Redmond, Jeremy | 9 | Mounds View | 6-00.00 | 5-07.00 |
| -- Ballard, Jessie | 11 | Park Center | 5-06.00 | NH |
| -- Monkam, Kevin | 12 | Park Center | 5-10.00 | NH |
| -- Jackson, Brad | 12 | Park Center | 5-06.00 | NH |
| -- Brisbin, Tyler | 11 | Rogers | 5-04.00 | NH |
| -- Vidor, Derek | 11 | Rogers | 5-06.00 | NH |

Boys Pole Vault

| Section 5AA: # 14-10 2006 Brandon Johnson, Armstrong | | | | |
|--|------|--------------|----------|-----------|
| 13-11.00 QUAL | | | | |
| Name | Year | School | Seed | Finals |
| 1 House, Joe | 12 | Mounds View | 13-06.00 | 13-05.00 |
| 2 Gran, Jagger | 10 | Mounds View | 13-00.00 | J13-05.00 |
| 3 Lueck, Matt | 11 | Blaine | 13-06.00 | J13-05.00 |
| 4 Johnson, Connor | 12 | Mounds View | 14-00.00 | 12-11.00 |
| 5 Anfinson, Eric | 12 | Mounds View | 13-06.00 | J12-11.00 |
| 6 Abel, Timothy | 11 | Irondale | 12-06.00 | 12-05.00 |
| 7 Campbell, Shane | 12 | Fridley | 12-00.00 | J12-05.00 |
| 8 Schroer, Ryan | 12 | Fridley | 12-06.00 | 11-11.00 |
| 9 Barquest, Ethan | 11 | Coon Rapids | 12-00.00 | J11-11.00 |
| 10 Ikier, Joseph | 10 | Fridley | 12-00.00 | J11-11.00 |
| 11 Krueger, Justin | 12 | Rogers | 12-00.00 | 11-05.00 |
| 11 Lymburn, Bryant | 10 | SpringLkPk/S | 11-06.00 | 11-05.00 |

| | | | |
|-----------------------|-----------------|----------|----------|
| 11 Deveaux, Marcel | 11 Blaine | 12-06.00 | 11-05.00 |
| 11 Jones, Tyler | 12 Totino-Grace | 11-00.00 | 11-05.00 |
| 11 Fondie, Klyle | 11 Coon Rapids | 12-06.00 | 11-05.00 |
| 11 Miller, Josh | 11 Coon Rapids | 11-06.00 | 11-05.00 |
| 11 Jones, Gus | 12 Maple Grove | 12-00.00 | 11-05.00 |
| 18 Berhow, Tyler | 9 StMichael-Al | 11-00.00 | 10-05.00 |
| 18 Mason, Sam | 10 Osseo | 10-06.00 | 10-05.00 |
| 18 Lovelace, Dylan | 11 Coon Rapids | 11-06.00 | 10-05.00 |
| 18 Croaston, Todd | 9 Champlin Par | 10-06.00 | 10-05.00 |
| 18 Jackson, Bobby | 10 Champlin Par | 11-00.00 | 10-05.00 |
| 18 Zingsheim, Stephen | 10 Blaine | 11-06.00 | 10-05.00 |
| 18 Paraskov, Victor | 10 Irondale | 11-06.00 | 10-05.00 |
| 18 Boggs, Eric | 12 Anoka | 11-00.00 | 10-05.00 |
| 18 Stroot, Nick | 11 Anoka | 11-00.00 | 10-05.00 |
| 18 Greenberg, Nolan | 11 Anoka | 10-06.00 | 10-05.00 |
| 18 Anderson, Chet | 11 Anoka | 11-00.00 | 10-05.00 |
| 18 Arrington, Brad | 11 Rogers | 10-06.00 | 10-05.00 |
| -- Roschen, Tyler | 12 Anoka | 10-06.00 | NH |
| -- Jones, Justin | 10 Totino-Grace | 11-00.00 | NH |
| -- Salonek, Kyle | 12 StMichael-Al | 11-00.00 | NH |
| -- Haberman, Tim | 10 Osseo | 10-00.00 | NH |
| -- Schulte, Jacob | 11 Osseo | 9-06.00 | NH |
| -- Schmidt, Connor | 10 StMichael-Al | 10-06.00 | NH |

Boys Long Jump

=====
 Section 5AA: # 23-00.75 5/29/2009 Snonsio Boys-Weah, ParkCenter
 21-09.00 QUAL

| Name | Year School | Seed | Finals | Wind |
|-----------------------|-----------------|----------|-----------|------|
| 1 Mckeon, Adam | 12 Champlin Par | 21-00.50 | 21-02.50 | -0.7 |
| 2 Carroll, Jake | 11 Mounds View | 21-01.25 | 20-06.00 | -2.1 |
| 3 Abdulla, Ali | 12 Maple Grove | 20-03.00 | 20-03.50 | -1.5 |
| 4 Monkam, Kevin | 12 Park Center | 20-05.00 | J20-03.50 | 1.5 |
| 5 Olayiwola, Toni | 12 Columbia Hei | 19-10.00 | 20-01.75 | -1.2 |
| 6 Holewa, Trent | 12 Maple Grove | 20-02.00 | 20-00.75 | 0.3 |
| 7 Nolen, Trevaur | 12 Champlin Par | 20-00.00 | 19-10.75 | -1.4 |
| 8 Mendin, Patrick | 9 Blaine | 20-08.00 | 19-04.50 | -0.5 |
| 9 Sonnefeld, Joe | 11 Osseo | 20-02.00 | 19-04.00 | 2.5 |
| 10 Mbali, Alex | 11 Maple Grove | 20-10.00 | 19-01.50 | -0.7 |
| 11 Palmer, Oscar | 11 Maple Grove | 20-03.00 | 19-00.00 | -0.9 |
| 11 Garner, Vontaine | 11 StMichael-Al | 18-03.00 | 19-00.00 | 0.2 |
| 13 Kalan, Mishay | 12 Mounds View | 20-04.50 | 18-11.75 | -1.6 |
| 14 Aanerud, Victor | 11 Rogers | 19-06.00 | 18-10.00 | 1.3 |
| 15 Redmond, Jeremy | 9 Mounds View | 19-03.50 | 18-09.50 | 1.1 |
| 16 Kline, Eric | 11 Blaine | 20-09.50 | 18-08.75 | -1.4 |
| 17 Oji, Nnaoma | 11 Irondale | 18-11.00 | 18-07.25 | 0.7 |
| 18 Jones, Tyler | 12 Totino-Grace | 19-06.25 | 18-05.50 | 2.0 |
| 18 Erding, Tyler | 10 Centennial | 20-06.00 | 18-05.50 | -1.4 |
| 20 Burke, Nicholas | 9 Totino-Grace | 19-04.00 | 18-04.75 | 2.1 |
| 21 Williams, Shannon | 10 Irondale | 18-10.50 | 18-03.00 | 1.0 |
| 21 Pham, Stephen | 10 Champlin Par | 18-04.00 | 18-03.00 | 2.7 |
| 23 Sunderland, Colton | 11 SpringLkPk/S | 19-00.50 | 18-02.00 | 0.5 |
| 24 Olyiwola, Josh | 10 Columbia Hei | 19-01.00 | 18-01.75 | 1.9 |
| 25 Matlon, Bryan | 11 Totino-Grace | 19-08.75 | 18-00.25 | 3.7 |
| 26 Thibault, Robert | 10 Totino-Grace | 18-08.00 | 17-11.75 | 0.8 |
| 27 Theus, Shaquille | 10 Coon Rapids | 18-05.00 | 17-11.50 | 3.0 |
| 28 Kleba, Jon | 11 Coon Rapids | 18-03.00 | 17-06.75 | 0.2 |
| 29 Linguist, Brandon | 10 Anoka | 19-00.00 | 17-02.50 | 2.2 |
| 30 Williams, Joe | 10 StMichael-Al | 17-11.00 | 17-02.00 | 1.1 |
| 31 Zahuranec, Tyler | 11 SpringLkPk/S | 19-01.00 | 17-01.75 | 0.5 |
| 32 Kruse, James | 9 Irondale | 18-03.50 | 16-11.00 | 0.8 |
| 33 Butler, Mikhail | 10 Coon Rapids | 18-08.00 | 16-10.25 | 0.6 |
| 34 Farrington, Jake | 12 Centennial | 17-02.00 | 16-05.50 | 0.6 |
| 35 Unruh, Austin | 12 Centennial | 16-10.00 | 16-05.00 | 1.0 |

| | | | | |
|----------------------|-----------------|----------|----------|-----|
| 36 Ballard, Jessie | 11 Park Center | 18-05.00 | 15-06.00 | 1.6 |
| 37 Follestad, Andrew | 9 StMichael-Al | 16-07.00 | 15-04.00 | 0.6 |
| 38 Cooper, Dan | 11 Columbia Hei | 17-02.00 | 15-00.00 | 0.8 |
| -- Lor, Feng | 12 Fridley | 18-10.00 | FOUL | |
| -- Rand, Ryan | 10 Anoka | 19-08.00 | FOUL | |
| -- Hengstler, Tony | 12 Mounds View | 21-04.25 | FOUL | |
| -- Vee, Cody | 10 Irondale | 18-02.00 | FOUL | |
| -- Parker, Kenben | 10 Fridley | 18-11.00 | DQ | NWI |

Boys Triple Jump

Section 5AA: # 46-08 1995 Marcus Westberry, Mpls Washburn
44-09.00 QUAL

| Name | Year School | Seed | Finals | Wind |
|-----------------------|-----------------|----------|---------------|------|
| 1 Courtright, Aaron | 12 Blaine | 44-06.00 | 45-04.00 QUAL | 0.8 |
| 2 Dowdy, Torren | 12 Coon Rapids | 44-10.00 | 44-02.50 | 0.9 |
| 3 Hansen, Tom | 11 Coon Rapids | 43-04.00 | 43-09.75 | 3.5 |
| 4 Rice, Mark | 12 Maple Grove | 42-06.00 | 42-06.50 | 1.3 |
| 5 Abdulla, Ali | 12 Maple Grove | 40-08.00 | 42-03.00 | 0.5 |
| 6 Greenup, Julian | 11 Fridley | 42-11.00 | 42-00.50 | 0.9 |
| 7 Carpenter, Joe | 11 StMichael-Al | 41-05.50 | 41-10.25 | 0.5 |
| 8 Ambrozich, Chris | 10 SpringLkPk/S | 43-00.00 | 41-09.75 | 0.8 |
| 9 Carroll, Jake | 11 Mounds View | 41-08.50 | J41-09.75 | 0.6 |
| 10 Mckeon, Adam | 12 Champlin Par | 41-03.00 | 41-08.00 | +0.0 |
| 11 Huhne, Tyler | 12 Blaine | 40-09.00 | 41-05.25 | 0.2 |
| 12 Palmer, Oscar | 11 Maple Grove | 40-06.00 | 41-00.00 | 0.6 |
| 13 Rand, Ryan | 10 Anoka | 41-07.00 | 40-03.00 | 1.4 |
| 14 Hengstler, Tony | 12 Mounds View | 42-08.50 | 40-00.75 | 1.7 |
| 15 Olyiwola, Josh | 10 Columbia Hei | 39-09.25 | 40-00.50 | 1.7 |
| 16 Redmond, Jeremy | 9 Mounds View | 39-06.50 | 39-10.00 | 0.8 |
| 17 Jones, Tyler | 12 Totino-Grace | 40-08.00 | 39-09.50 | +0.0 |
| 18 Ojika, Ben | 9 Irondale | 40-01.00 | 39-05.50 | 0.7 |
| 19 Garner, Vontaine | 11 StMichael-Al | 40-01.50 | 39-05.25 | 1.1 |
| 20 Oji, Nnaoma | 11 Irondale | 41-06.50 | 39-05.00 | 1.1 |
| 21 Kinnan, Joey | 12 Totino-Grace | 41-00.00 | 39-02.50 | 1.0 |
| 22 Kalan, Mishay | 12 Mounds View | 42-11.75 | 39-01.50 | 2.1 |
| 23 McDonald, Jeff | 12 Blaine | 39-06.00 | 39-00.75 | 1.0 |
| 24 Rotich, Kevin | 12 Park Center | 36-07.00 | 38-09.25 | 1.9 |
| 24 Grahek, Ryan | 9 Blaine | 39-02.00 | 38-09.25 | 0.3 |
| 26 Halstead, Jaerrod | 12 Park Center | 38-11.50 | 38-08.00 | 1.5 |
| 27 Lynn, Jordan | 12 Park Center | 38-11.75 | 38-07.50 | 0.4 |
| 28 Arrington, Brad | 11 Rogers | 40-02.00 | 38-06.00 | 1.6 |
| 29 Butler, Mikhail | 10 Coon Rapids | 39-03.00 | 38-04.00 | 2.3 |
| 30 Ruffcorn, David | 10 Champlin Par | 38-08.00 | 38-01.75 | 1.6 |
| 31 Sunderland, Colton | 11 SpringLkPk/S | 38-05.00 | 37-10.25 | 0.5 |
| 32 Kufour, Stephen | 11 Blaine | 39-01.50 | 37-08.25 | 1.7 |
| 33 Togba, Rundell | 12 Osseo | 39-07.75 | 37-07.25 | 0.4 |
| 34 Gault, Justin | 12 Centennial | 38-01.00 | 37-05.50 | 1.8 |
| 35 Lymburn, Bryant | 10 SpringLkPk/S | 38-01.00 | 37-04.75 | 1.4 |
| 36 Sprang, Derek | 11 Irondale | 39-05.00 | 37-03.75 | 0.3 |
| 37 Johnson, Charles | 10 Anoka | 37-09.50 | 36-07.50 | 1.0 |
| 38 Prange, Austin | 12 Irondale | 36-06.00 | 35-11.00 | 2.5 |
| 39 Karyea, Lionel | 10 Osseo | 37-08.00 | 35-08.00 | 1.0 |
| 40 Irlbeck, Justin | 12 Centennial | 36-06.75 | 35-07.00 | 1.7 |
| 41 Thorsen, Robert | 12 Columbia Hei | 36-11.00 | 34-10.75 | 0.7 |
| 42 Mosoti, Keith | 10 Irondale | 38-04.00 | 34-09.75 | 0.4 |
| 43 Okotete, Felix | 11 Osseo | 35-00.00 | 34-08.00 | 2.0 |
| 44 Pham, Stephen | 10 Champlin Par | 36-10.00 | 34-02.25 | 0.7 |

Boys Shot Put

Section 5AA: # 58-11 1978 Tim Biegert, Osseo
53-08.00 QUAL

| Name | Year School | Seed | Finals |
|------|-------------|------|--------|
|------|-------------|------|--------|

| | | | | | | |
|----|--------------------------|----|--------------|----------|----------|------|
| 1 | Starr, Dijon | 12 | Blaine | 60-09.00 | 54-02.25 | QUAL |
| 2 | Thompson, Chad | 12 | Maple Grove | 48-01.00 | 49-08.75 | |
| 3 | Charmoli, Tim | 12 | Rogers | 48-06.00 | 49-06.00 | |
| 4 | Reemtsma, Jesse | 11 | SpringLkPk/S | 50-10.00 | 49-03.25 | |
| 5 | Johnson, Bryce | 10 | Champlin Par | 50-05.00 | 49-02.75 | |
| 6 | Gavin, Travis | 12 | Blaine | 50-09.50 | 48-06.75 | |
| 7 | Flemister-King, GJullian | 10 | Champlin Par | 46-06.75 | 47-10.00 | |
| 8 | McLeod, Chris | 10 | Blaine | 47-00.50 | 47-06.00 | |
| 9 | Hines, Charlie | 11 | Rogers | 47-01.00 | 45-07.75 | |
| 10 | Samuelson, Nick | 12 | Coon Rapids | 47-06.00 | 45-01.50 | |
| 11 | Stephens, Joe | 9 | Champlin Par | 43-09.00 | 44-02.50 | |
| 12 | Czeck, Addison | 10 | Anoka | 45-07.00 | 44-01.75 | |
| 12 | Wildes, Matt | 10 | Mounds View | 46-04.75 | 44-01.75 | |
| 14 | Mezzenga, Gabe | 12 | Totino-Grace | 46-01.00 | 42-11.75 | |
| 15 | Oowski, Jake | 10 | Coon Rapids | 43-05.00 | 42-11.25 | |
| 16 | Benson, Scott | 12 | SpringLkPk/S | 47-00.00 | 42-10.50 | |
| 17 | Klatt, Matt | 12 | Anoka | 36-04.00 | 42-10.25 | |
| 18 | Voss, Zac | 12 | StMichael-Al | 46-07.00 | 42-10.00 | |
| 19 | Frisby, Toby | 12 | Columbia Hei | 44-01.00 | 42-09.75 | |
| 19 | Neisen, Sam | 12 | Maple Grove | 41-11.00 | 42-09.75 | |
| 21 | Battis, Kevin | 12 | Centennial | 41-00.25 | 42-08.00 | |
| 22 | Scheerer, Peter | 12 | Centennial | 42-05.00 | 42-03.50 | |
| 23 | Kramer, Collin | 12 | Anoka | 44-03.00 | 42-02.25 | |
| 24 | Ross, Tim | 9 | Champlin Par | 45-03.00 | 41-08.25 | |
| 25 | Ferry, Tyler | 11 | StMichael-Al | 40-11.00 | 41-05.50 | |
| 26 | Musselman, Cameron | 10 | SpringLkPk/S | 40-04.00 | 40-07.50 | |
| 27 | Karnwie-Tuah, Ayier | 10 | Mounds View | 42-03.50 | 40-03.25 | |
| 28 | Brateg, David | 11 | Osseo | 38-08.50 | 40-01.00 | |
| 29 | Lynn, Jordan | 12 | Park Center | 38-08.50 | 39-11.25 | |
| 30 | Hanson, Ben | 11 | Mounds View | 42-09.25 | 39-08.25 | |
| 31 | Roden, Jon | 12 | Rogers | 40-09.00 | 39-05.25 | |
| 32 | Poppe, Vasco | 12 | Irondale | 42-01.00 | 39-03.50 | |
| 33 | Zrust, Joe | 11 | Totino-Grace | 42-02.00 | 39-00.75 | |
| 34 | Schmidt, Shawn | 11 | Centennial | 47-07.50 | 38-10.00 | |
| 35 | Brown, Jake | 12 | StMichael-Al | 42-07.00 | 38-05.00 | |
| 36 | Khong, Brian | 11 | Mounds View | 37-11.00 | 38-00.00 | |
| 37 | Daniels, Josh | 10 | Osseo | 41-01.50 | 37-11.00 | |
| 38 | Hoglund, Jared | 11 | Fridley | 35-03.00 | 37-04.50 | |
| 39 | Nerison, Grant | 11 | Maple Grove | 38-07.75 | 36-08.50 | |
| 39 | Ellis, Spencer | 11 | Totino-Grace | 38-00.00 | 36-08.50 | |
| 41 | Anderson, Chris | 10 | Osseo | 39-07.75 | 36-07.00 | |
| 42 | Schauer, Matthew | 10 | Totino-Grace | 41-03.00 | 36-01.00 | |
| 43 | Klaers, Logan | 9 | Mounds View | 37-06.00 | 35-10.75 | |
| 44 | Liebelt, Nick | 10 | Columbia Hei | 35-03.00 | 35-10.50 | |
| 45 | Canto, Jake | 11 | Mounds View | 37-06.00 | 35-08.00 | |
| 46 | Griffiths, Brandyn | 12 | Park Center | 35-10.50 | 34-11.50 | |
| 47 | Pate, Nick | 12 | Irondale | 36-04.00 | 33-10.00 | |
| 48 | Surbrook, Ben | 11 | Columbia Hei | 35-02.50 | 32-03.50 | |
| -- | Eagan, Tom | 12 | Coon Rapids | 47-00.00 | | ND |
| -- | Johnson, Demond | 11 | Irondale | 43-02.50 | | ND |

Boys Discus Throw

Section 5AA: # 173-10 1979 Greg Bartlett, Park Center
153-01 QUAL

| Name | Year | School | Seed | Finals | | |
|------|-----------------|--------|--------------|--------|-----------|------|
| 1 | Reemtsma, Jesse | 11 | SpringLkPk/S | 165-03 | 153-04.00 | QUAL |
| 2 | Otto, Ross | 12 | Coon Rapids | 153-03 | 153-02.00 | QUAL |
| 3 | Hanson, Ben | 11 | Mounds View | 145-10 | 146-04.00 | |
| 4 | Gavin, Travis | 12 | Blaine | 170-03 | 143-08.00 | |
| 5 | Johnson, Bryce | 10 | Champlin Par | 146-09 | 143-05.00 | |
| 6 | McLeod, Chris | 10 | Blaine | 145-09 | 142-04.00 | |
| 7 | Charmoli, Tim | 12 | Rogers | 145-02 | 141-06.00 | |

| | | | |
|-----------------------------|-----------------|--------|-----------|
| 8 Neisen, Sam | 12 Maple Grove | 138-09 | 137-05.00 |
| 9 Lehman, David | 12 SpringLkPk/S | 151-07 | 131-08.00 |
| 10 Melby, Anders | 12 Centennial | 143-08 | 127-07.00 |
| 11 Frisby, Toby | 12 Columbia Hei | 128-05 | 127-06.00 |
| 12 Dahl Sparks, Derek | 12 Anoka | 119-03 | 124-07.00 |
| 13 Ellis, Spencer | 11 Totino-Grace | 120-00 | 124-05.00 |
| 14 Thompson, Chad | 12 Maple Grove | 149-07 | 123-11.00 |
| 15 Petersen, Bennet | 12 Anoka | 127-00 | 123-01.00 |
| 16 Okwulehie, Enyinnaya | 11 Fridley | 127-00 | 122-05.00 |
| 16 Flemister-King, GJullian | 10 Champlin Par | 126-10 | 122-05.00 |
| 18 Klaers, Logan | 9 Mounds View | 132-05 | 122-04.00 |
| 19 Khong, Brian | 11 Mounds View | 137-06 | 122-02.00 |
| 20 Scheerer, Peter | 12 Centennial | 127-01 | 121-09.00 |
| 21 Schmidt, Shawn | 11 Centennial | 131-00 | 121-04.00 |
| 22 Canto, Jake | 11 Mounds View | 123-05 | 119-09.00 |
| 23 Champine, Kyle | 19 Champlin Par | 121-10 | 119-06.00 |
| 24 Samuelson, Nick | 12 Coon Rapids | 121-09 | 119-04.00 |
| 25 Wildes, Matt | 10 Mounds View | 120-06 | 117-05.00 |
| 26 Malenke, Ryan | 11 Rogers | 112-05 | 114-00.00 |
| 27 Williams, Airron | 12 Champlin Par | 133-09 | 113-05.00 |
| 27 Jackson, Brad | 12 Park Center | 125-00 | 113-05.00 |
| 29 Ferry, Tyler | 11 StMichael-Al | 121-10 | 113-02.00 |
| 30 Mezzenga, Gabe | 12 Totino-Grace | 112-03 | 112-10.00 |
| 31 Brown, Bobby | 10 SpringLkPk/S | 125-11 | 109-03.00 |
| 32 Kantor, Michael | 10 Columbia Hei | 118-06 | 108-09.00 |
| 33 Poppe, Vasco | 12 Irondale | 113-04 | 107-11.00 |
| 34 Throdahl, Nick | 11 Rogers | 108-06 | 107-07.00 |
| 35 Hoglund, Jared | 11 Fridley | 102-03 | 107-03.00 |
| 36 Garski, Dylan | 11 Coon Rapids | 120-00 | 105-02.00 |
| 37 Johnson, Demond | 11 Irondale | 110-02 | 105-01.00 |
| 37 Anderson, Chris | 10 Osseo | 103-02 | 105-01.00 |
| 39 Peterson, Jason | 9 StMichael-Al | 123-09 | 104-00.00 |
| 39 Hegland, Lucas | 12 StMichael-Al | 114-09 | 104-00.00 |
| 41 Schauer, Matthew | 10 Totino-Grace | 109-11 | 102-09.00 |
| 42 Klatt, Matt | 12 Anoka | 121-02 | 102-08.00 |
| 43 Hall, Harry | 11 Osseo | 104-10 | 99-02.00 |
| 44 Karnwie-Tuah, Ayier | 10 Mounds View | 117-06 | 98-01.00 |
| 45 Griffiths, Brandyn | 12 Park Center | 110-00 | 93-10.00 |
| 46 Pate, Nick | 12 Irondale | 116-08 | 92-10.00 |
| 47 Lynn, Jordan | 12 Park Center | 105-00 | 92-00.00 |
| 48 Brateg, David | 11 Osseo | 94-01 | 81-02.00 |
| -- Starr, Dijon | 12 Blaine | 175-08 | FOUL |
| -- Ross, Tim | 9 Champlin Par | 123-04 | FOUL |
| -- Ethen, Nate | 12 Maple Grove | 138-11 | FOUL |

Women - Team Rankings - 18 Events Scored

| | | | |
|---------------------------|-----|-------------------------|-------|
| 1) Mounds View | 170 | 2) Totino-Grace | 128 |
| 3) Blaine | 82 | 4) Irondale | 69 |
| 5) Osseo | 64 | 6) Maple Grove | 62.50 |
| 7) Champlin Park | 62 | 8) SpringLkPk/StAnthony | 61 |
| 9) Park Center | 55 | 10) Anoka | 51.50 |
| 11) Coon Rapids | 43 | 12) Centennial | 29 |
| 13) StMichael-Albertville | 20 | 14) Fridley | 11 |
| 15) Rogers | 9 | | |

Men - Team Rankings - 18 Events Scored

| | | | |
|--------------------------|--------|-------------------------|-------|
| 1) Blaine | 160.50 | 2) Maple Grove | 107 |
| 3) Coon Rapids | 101 | 4) Mounds View | 88 |
| 5) Totino-Grace | 67 | 6) SpringLkPk/StAnthony | 59 |
| 6) StMichael-Albertville | 59 | 8) Champlin Park | 51 |
| 9) Park Center | 43 | 10) Irondale | 40.50 |
| 11) Osseo | 40 | 12) Fridley | 28 |

13) Rogers
15) Centennial

27
18

14) Anoka
16) Columbia Heights

20
5